Impact of Depression at work in Europe Audit

>7000 people surveyed in: Denmark, Italy, France, Germany, Spain, Turkey, Great Britain

One in ten working people have taken time off work because of depression

36
Days on average lost per depression episode

This equates to more than 21,000 days of lost working time

Cognitive symptoms cause significant impairment in work function and productivity\(^1\) and are present 94% of the time in a depressive episode.\(^2\)

Awareness of cognitive symptoms is low:

- Low mood or sadness: 88%
- Forgetfulness: 33%
- Indecisiveness: 44%
- Trouble concentrating: 57%

43% of managers call for better policies and legislation to protect employees

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\(^1\) Greer TL et al. CNS Drugs 2010; 24(4):267-284 \(^2\) Conradi HJ, Ormel J, de Jonge P. Psychol Med. 2011; 41:1165–1174