

Preparing questions, plus making a checklist, to take to your doctor visit can help you stay focused and get helpful information. Print out this list and take it with you to your next appointment.

How concerned should I be about my risk for plaque buildup in my arteries? In addition to my age, I have the following health factors (*check all that apply*)

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> I have a family history of early heart disease | <input type="checkbox"/> I am obese |
| <input type="checkbox"/> I have high blood pressure | <input type="checkbox"/> I smoke |
| <input type="checkbox"/> I have diabetes | |

What is atherosclerosis, or plaque buildup in arteries over time, and how does my high cholesterol contribute to its progression?

What are my cholesterol levels?

Why is it important to get my “bad” (LDL) cholesterol down?

What steps can I take to help manage my cholesterol and slow plaque buildup in my arteries?

Should I take CRESTOR[®] (rosuvastatin calcium)?

How do I take CRESTOR and how long will I need to take it?

What are the possible side effects of CRESTOR and how do they compare with the potential dangers of unmanaged cholesterol?

Are there any medications (prescription or nonprescription) I should avoid taking with CRESTOR?

With CRESTOR, do I need to work on diet and exercise too? If so, why?

What types of diet changes or exercise might help and how do I stay motivated?

If you smoke, ask your doctor for tips on how to quit smoking.

Important Safety Information about CRESTOR Tablets

- CRESTOR is not right for everyone. Do not take CRESTOR if you are nursing, pregnant or may become pregnant; have liver problems; or have had an allergic reaction to CRESTOR
- Your doctor should do blood tests to check your liver before starting treatment with CRESTOR and if you have symptoms of liver problems while taking CRESTOR
- Call your doctor right away if you:
 - Have unexplained muscle pain or weakness, especially with fever
 - Have muscle problems that do not go away even after your doctor told you to stop taking CRESTOR
 - Feel unusually tired
 - Have loss of appetite, upper belly pain, dark urine, or yellowing of skin or eyesThese could be signs of rare but serious side effects
- Elevated blood sugar levels have been reported with statins, including CRESTOR
- Side effects: The most common side effects may include headache, muscle aches, abdominal pain, weakness, and nausea. Memory loss and confusion have also been reported with statins, including CRESTOR
- Tell your doctor and pharmacist about other medicines you are taking

Talk to your doctor about prescription CRESTOR.

Approved Uses for CRESTOR

When diet and exercise alone aren't enough, adding CRESTOR can help.

In adults, CRESTOR is prescribed along with diet to lower high cholesterol and to slow the buildup of plaque in arteries as part of a treatment plan to lower cholesterol to goal.

This information should not take the place of talking with your doctor or health care professional.

If you have any questions, talk to your doctor or pharmacist.

Read accompanying full Prescribing Information and Patient Information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.FDA.gov/medwatch or call 1-800-FDA-1088.

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