



**Destination  
NSW**

# MEDIA INFORMATION

## Northern Beaches

Just forty minutes from the CBD on Sydney's Northern Beaches peninsula, **Manly** and **Palm Beach** feel a world away from city bustle with some 17 beaches spanning the coast between them. Relax in these chilled-out beachside villages which boast an unforgettable holiday island atmosphere.

Nestled between a tranquil inner-harbour beach on one side and a popular Pacific Ocean surf beach on the other, **Manly** manages to combine a laid-back surf culture with a sophisticated dining scene and stylish boutiques.

Linger in **Palm Beach** to soak up this gorgeous playground's 'barefoot glamour' vibe. A holiday hideaway for the rich and famous, Sydney's northernmost suburb has palatial houses and quaint cottages against a stunning backdrop of lush bushland, golden beaches, rolling blue Pacific Ocean and the crystal calm sailing waters of Pittwater.

### Don't miss:

- **Manly Bike Tours** self-guided tours revealing the hidden corners of Manly, one of Sydney's most beautiful coastal suburbs. With more than 20 kilometres of dedicated cycle paths one of the best way to explore Manly is by bicycle. There are five dedicated cycle trails around Manly to choose from.
- The thrill and fun of surfing at the famous Manly Beach with **Manly Surf School**, voted number 1 surf school in NSW by Surfing Australia.
- **Shelley Beach**, just south of Manly Beach, one of the best snorkelling locations in Sydney frequented by Eastern Blue Groper, octopus and even a Dusky Whaler Shark on occasion.
- Climbing a gentle two kilometres to **Barrenjoey Lighthouse** for breathtaking views of the coastline, or take a dip in Palm Beach's sheltered ocean pool.
- The **ferry from Palm Beach to The Basin** - a picturesque journey travelling past Pittwater's secluded beaches. One of these stops is at The Basin campground, an isolated haven with plenty of spaces for a picnic and barbecues. Other stops include Mackerel Beach which is perfect for children. If you're feeling energetic take one of the walking trails that lead to The Basin or West Head Lookout.

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## What's New:

**Sydney Coastal Walks** have launched new guided walking tours to explore the coastline of Sydney. The tours take visitors off the beaten track to hidden and lesser-known spots including Camp Cove, The Spit and Middle Harbour. Discover Australian flora, fauna and indigenous history on a half day or full day tour.

Manly is now considered a drinking and dining destination in its own right. Recent small bar arrivals include **Harlem on Central**, a homage to the 1920's speakeasies with a touch of soul food and **Moonshine** at Hotel Steyne, a new cider and rum bar that has opened on the top floor of the Steyne Hotel. Other hot spots include **Hemingways**, **The Pony Room**, and **Miss Marleys**, which complement larger favourites such as **Hugos**, **Manly Wine** and the refurbished **New Brighton Hotel**.

## Key Experiences:

Explore Manly's harbour beaches and coves by kayak, stand-up paddle board, yacht or on foot.

Take a shopping tour with **I love Shopping Manly**. Discover inspiring Australian designers and independent stores in one of Sydney's most expensive yet unpretentious suburbs. With labels such as Karen Walker, Something Else, Ginger and Smart, Stylestalker, Maurie and Eve, Camilla Kaftans, True Religion, Cheap Mondays, the 2 1/2 hour tour includes lunch, champagne, store discounts and a personal fashion stylist.

Explore the supernatural with a **Quarantine station ghost tour**. Join your guide on a late night walk around the former Quarantine Station. Listen to experiences people had with the ghosts and test equipment used by real ghost hunters.

Indulge in some retail therapy in Palm Beach, **Salt** is a delightfully unusual shop, mixing handmade Sydney chocolates and local art with Italian Resort wear and soaps, Swedish footwear, Ecuadorian panamas, local Palm Beach scented candles, and an exclusive collection of corals and shells farmed under license from The Great Barrier Reef. **Palm Beach Home** is another treasure house of eclectic objects, jewellery, clothing, books, furniture and fragrance.

## Dining:

Manly's surfside **China Beach** is a colourful modern asian restaurant with a menu inspired by many styles of Asian cuisine with each dish staying true to its roots as well as having a great cocktail and wine list.

**Garfish**, order from the daily fish and sauce specials or opt for something from the menu at this seafood restaurant opposite Manly wharf.

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Those views demand a waterside table, glass of wine and plate of something delicious, and the **Boathouse Palm Beach** has them all. Take a seat on the wharf, on the lawn, or among the fresh flowers inside the original Barrenjoey Boathouse, then watch seaplanes and yachts pass as you enjoy the legendary local beer battered fish and chips.

**Dunes Restaurant and Kiosk** combines water views with green lawns and gardens, by a beachside park where every third Sunday in the month you'll find **Palm Beach Market**, a source of desirable beach-inspired fashion, objects and jewellery.

### Stay in Style:

**Novotel Sydney Manly Pacific** is nestled perfectly to enjoy the very best of the Australian lifestyle located directly opposite Manly Beach. Enjoy the views from the refurbished ocean view rooms, onsite restaurant and even from the roof top pool.

**Periwinkle Guesthouse**, built in 1895 this guest house is filled with ambience and character and is located by Manly Cove and walking distance to the nearby ocean beaches.

**Q Station**, located within the Sydney Harbour National Park at North Head this historic accommodation is stylishly refurbished and offers views of Sydney's incredible harbour, the beautiful Sydney Harbour National Park and the historic buildings of Q Station.

Locals love to while away summer afternoons then watch the sunset at **Barrenjoey House**, an enchanting restaurant, bar and guesthouse surrounded by sea, sunshine and birdsong. A stay in one of the uniquely furnished boutique rooms is the best way to follow a meal. .

**Contemporary Hotels** properties **Snapper Lodge** at Clareville, a romantic private hideaway on the water's edge with its own jetty and **Pacific Road House**, a serene and magical house set high up on a hill with views over Palm Beach Lighthouse and **Clareville Boat House**, a waterside pleasure dome with its own jetty and Pittwater views to sigh for.

Situated opposite Palm Beach wharf, with wide-angle views across Pittwater, **Blue Swimmer** brings style to the traditional beach house with sumptuous, self-contained accommodation in a sublime location.

For more information on Sydney's Northern Beaches go to [www.sydney.com](http://www.sydney.com)

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