# Surviving the First Day

STATE OF THE WORLD'S MOTHERS 2013

More than I million babies die on the first day of life making it the most dangerous day for babies in nearly every country, rich and poor alike. Save the Children's 14th annual State of the World's Mothers report once again ranks the best and worst places in the world to be a mother.



**I Million** babies die the day they are born



3 Million newborns die within the first month of life



Up to **75% of** newborn deaths are preventable with basic, cost-effective care

## Mothers' Index THE **BEST** & **WORST** PLACES TO BE A MOTHER

The chances a mother and her baby will survive help determine Save the Children's annual rankings of the best and worst places in the world to be a mother. Education, income and political representation of women are the other factors.



1,300 babies in the U.S.

die the day they are born.

### More than half of all the first-day deaths in the

UNITED STATES OF AMERICA

industrialized world are in the United States, due in large part to high rates of preterm birth. 60% I in **2,400** 

of newborn deaths in the U.S. occur during the first day of life.

women in the U.S. will die from a maternal cause, the **same as Iran**.

**TOP** TEN **BOTTOM** TEN I. Finland 167. Côte d'Ivoire MAJOR CAUSES OF 168. Chad 2. Sweden

R CAUSES NEWBORN DEALS **ASPHYXI** INFECTION **PRETERM BIRTH** 

#### 3. Norway 4. Iceland 5. Netherlands

- 6. Denmark 7. Spain
- 8. Belgium 9. Germany
- Expert analysis shows that

10. Australia

### 169. Nigeria

- 170. Gambia
- 171. Central African Republic 172. Niger
- 173. Mali 174. Sierra Leone 175. Somalia
- 176. DR Congo

products could save the lives of I million babies every year.

wider use of 4 low-cost

### Lifesaving Solutions ▼ SPEEDING UP GROWTH ▼ FIGHTING INFECTION CORTICOSTEROIDS **ANTIBIOTICS** 23¢ When babies are born too One of the common risks soon, their lungs may not of birth is a deadly blood be fully developed and many infection called sepsis. ▲ CLEAN CORD CARE don't survive. But for 51¢, a

simple steroid injection to help her baby's lungs mature. **5**1¢

pregnant woman can get a

#### belly button infections can be fatal for vulnerable newborns. For just 10¢ per use, the antiseptic chlorhexidine can save

**CHLORHEXIDINE** 

It's hard to believe, but

lives when used to clean umbilical cords and belly buttons.

#### Injectable antibiotics can easily treat sepsis and

other severe infections (e.g. pneumonia) for as little as 13¢. 13¢-\$2.03 

▲ BREATHING LIFE RESUSCITATION **EQUIPMENT** Some babies need help

50¢-\$6.00

device costs just \$6 and has helped millions of babies let out a cry to

A basic, resuscitation

Newborns and mothers need compassionate people like you to be a part of the solution.

Visit www.savethechildren.org/world-mothers or follow **#SOWM** on Twitter to learn how you can help.





declare their birth.

taking their first breath.

Save the Children®