



Mid-Ohio Foodbank: Fresh Foods Initiative

Our community continues to experience **increasing demand for food assistance**.

In Mid-Ohio Foodbank's service area, 16% of residents, including 22.2% of children, are food insecure. This means, at times, they have limited or uncertain access to nutritionally adequate and safe foods.

Fresh foods, especially fruits and vegetables, are the answer to building a hunger-free and healthier community.

An estimated **3 to 5 billion pounds** of fresh produce grown each year does not make it to market. Mid-Ohio Foodbank works with farmers to acquire these available foods then distributes it to **hundreds of thousands of our neighbors** in central and eastern Ohio so that they can live healthier and be in a better position to face the challenges of food insecurity.

In fiscal year 2013 (July 1, 2012 – June 30, 2013) in partnership with over 550 member agencies and numerous community partners, Mid-Ohio Foodbank:

- Distributed a total of **48.6 million pounds** of food and groceries to our neighbors in need. This marked the largest distribution in our history and allowed us to provide enough food for over **107,000 meals every day**.
- Distributed **17.4 million pounds of fresh, nutrient-dense produce**. Over **50% of all product distributed was fresh**, including bread, dairy, juice, meat and produce.
- Held **355 Produce Markets** in collaboration with **98** different community partners to improve access to fresh foods in low-income, high-need communities.

By fiscal year 2018, Mid-Ohio Foodbank plans to distribute **30 million pounds** of fresh produce through a variety of channels including an estimated **900 Produce Markets**.

This is Hunger

One in 6 of our neighbors – children, grandparents, mothers, fathers and veterans – struggle to access enough food for an active and healthy lifestyle.

Protecting our Future – More than 1 out of 4 children in the state of Ohio live in food insecure households, meaning at some point in the past year, they didn't know where their next meal was coming from. 35% of the requests for emergency food assistance at Mid-Ohio Foodbank's network of pantries are for children.

Providing New Strength – 15% of the food requests Mid-Ohio Foodbank receives are for senior citizens.

Making More Possible – 57% of those served by Mid-Ohio Foodbank have had to choose between food and utilities; 43% have had to choose between food and shelter.

Mid-Ohio Foodbank Mission:

To **end hunger** one nourishing meal at a time and co-create a **sustainable community where everyone thrives**.

Mid-Ohio Foodbank • 3960 Brookham Drive, Grove City, Ohio 43213 • 614-274-7770
www.midohiofoodbank.org • info@midohiofoodbank.org