



## **U.S. ANTI-DOPING AGENCY RELEASES NEW SUPPLEMENTS SAFETY GUIDE FOR ATHLETES**

### **USANA Nutritionals Tested and Approved For Use By NSF International**

**SALT LAKE CITY – May 21, 2012** - The U.S. Anti-Doping Agency (USADA) recently released a new supplements safety guide for athletes as part of their “[Supplement 411](#)” initiative. NSF International is currently the only independent third party testing and certification organization to meet the requirements of the government program, and [USANA Health Sciences](#) (NYSE: USNA) is among the supplement manufacturers whose products have been tested and approved for athlete use by [NSF International](#).

“More than [600 professional athletes](#) take our product, many of whom are competing in the London Games this summer,” says Dr. John Cuomo, USANA’s executive director of global research and development. “These athletes, who have been taking our product for years, rely on us to manufacture effective supplements that they can safely use.”

To ensure that the company’s products are indeed safe and effective, USANA manufactures its products following the U.S. Food and Drug Administration’s [Good Manufacturing Practices](#) (GMPs) and tests its products multiple times from the raw ingredient stage up to the time it leaves the company’s [FDA-registered facility](#) in Salt Lake City, Utah.

USANA also voluntarily tests its supplements to make sure they meet trusted United States Pharmacopeia (USP) standards and specifications for potency, uniformity, and disintegration.

In line with the U.S. Anti-Doping Agency’s recommendations, USANA has its [products regularly tested](#) by third-party organizations such as HFL, NSF International and ConsumerLab.com. Each company uses comprehensive testing methods to verify that what is on a product’s label is, in fact, what is in the bottle.

“Supplements are important for athletes because you never know what food will be available to you when you’re traveling, and you’re traveling all the time,” explains Matt Lowe, U.S. swimmer and London Games hopeful. “The important thing is to only take supplements you know are safe. That’s why I take USANA—because they’re tested by both [HFL](#) and [NSF International](#).”

“We put our money where our mouth is with our Athlete Guarantee Program,” explains Dr. Brian Dixon, USANA’s executive director of product & technology innovation. “Any athlete who has signed up for the guarantee and fails a banned substance test as a result of taking USANA’s product can be compensated up to a million

dollars. We are not aware of any other supplement company that offers this kind of guarantee, and we have never had an issue. In fact, in 20 years of doing business, we have never had to issue a product recall."

For more information about USANA's products and manufacturing, please visit:  
<http://www.usana.com/dotCom/difference/manufacturing>

**About USANA:** USANA Health Sciences develops and manufactures high-quality nutritionals, personal care, energy and weight management products that are sold directly to Preferred Customers and Associates throughout the United States, Mexico, Canada, Australia, New Zealand, Hong Kong, Japan, Taiwan, China, South Korea, Singapore, Malaysia, the Philippines, Thailand, the Netherlands, France, Belgium and the United Kingdom. Learn more at the **USANA** website ([www.usana.com](http://www.usana.com)), stay current with the official **USANA** lifestyle blog ([www.whatsupusana.com](http://www.whatsupusana.com)) and **USANA** corporate blog ([blog.usana.com](http://blog.usana.com)), like us on the **USANA** Facebook page ([www.facebook.com/usanahealthsciences](http://www.facebook.com/usanahealthsciences)), or follow **USANA** on Twitter ([@usanainc](https://twitter.com/usanainc)).

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