



Press Contact: Lauren Sklar  
Phone: 646-336-3745; E-mail: lsklar@foodnetwork.com

## **WORST COOKS IN AMERICA**

### *Season Six (2015) – Episode Descriptions*

#### **Premiering Sunday, January 4<sup>th</sup> at 9pm ET/PT - SEASON PREMIERE**

##### **"It Just Keeps Getting Worse"**

In the season premiere, the fourteen recruits, each nominated by family and friends for their horrendous cooking skills, are selected by Anne Burrell and new-kid-on-the-block Tyler Florence to compete in a grueling culinary boot camp. These "home cooks" make the chefs their signature dishes, and upon tasting, Anne and Tyler choose their teams of worst cooks, and give their recruits a lesson in creating the ultimate romantic meal.

#### **Premiering Sunday, January 11<sup>th</sup> at 9pm ET/PT**

##### **"Prepping for Success"**

Anne and Tyler test the recruits' knowledge of food in a special game of "Family Food," in which the teams face-off in an effort to gain recipe steps through food trivia. As the recruits attempt to cut down the competition, they learn and execute knife skills to prepare their dishes. All of the recruits must successfully create the Spanish dish paella, which some will achieve with fewer bandages than others.

#### **Premiering Sunday, January 18<sup>th</sup> at 9pm ET/PT**

##### **"Spice Up Your Life"**

The recruits try their hand at experimenting with flavor combinations with a skill drill called "Holy Crepes," in which they serve their own creations in a blind tasting. Then the recruits "Taco-ver the World," when they make their own international tacos. Some of the recruits are able to hit the mark with their flavor combinations, while others prove they earned their spot in the *Worst Cooks* competition!

#### **Premiering Sunday, January 25<sup>th</sup> at 9pm ET/PT**

##### **"Scared Straight Into the Kitchen"**

This week, recruits huddle up to tackle game day dishes as they create deep-fried fan favorites for Anne and Tyler. Will they make crowd-pleasing dishes, or be defeated by a deep fryer? After the big game, the recruits try not to "Lose their Noodles" when they break down a raw squid to prepare squid ink pasta with calamari.

#### **Premiering Sunday, February 1<sup>st</sup> at 9pm ET/PT**

##### **"Feeding Frenzy"**

The recruits are faced with their biggest struggles yet: cooking for guests in large quantities. They are asked to make a "Breakfast for Champions" for special guest star, Meteorologist on Good Morning America's Ginger Zee, who happens to know a thing or two about the importance of breakfast. They complete this week's challenge by throwing a dinner party for past recruits, who know exactly what it is like to be in their shoes.

#### **Premiering Sunday, February 8<sup>th</sup> at 9pm ET/PT**

##### **"Blast from the Past"**

The recruits are down to the final four when they are faced with their most important challenge yet. The remaining cooks recreate their signature dishes using their newfound skills and food knowledge for the skill drill, where they show who has truly improved, and who is still a *Worst Cook*. The next day, the recruits are shocked to find they will be cooking for their family members, who have come in to surprise them for their final challenge. As this is a blind tasting, the recruits risk being sent home by their own loved ones.

#### **Premiering Sunday, February 15<sup>th</sup> at 9pm ET/PT**

##### **"Final Food Fight"**

With the final recruit for each team chosen at the finale of this grueling competition, Anne and Tyler work with their recruits to select a refined three-course menu to be served to a panel of expert judges. While the recruits cook, one must work through excruciating pain when they get a taste of the real dangers facing professional chefs every day.

The two final recruits work tirelessly in a professional kitchen to determine who will be named the winner of the *Worst Cooks in America* and win \$25,000.

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