



The Cigna Foundation

Since its creation in 1962, *the Cigna Foundation* has contributed over \$225 million to charities worldwide and supported the volunteerism of Cigna employees, who have devoted more than one million total hours in service to their communities. Like the global health services company whose name it shares, the Cigna Foundation is committed to identifying and supporting effective approaches to improving the health of individuals and communities world-wide.

Key elements of the Cigna Foundation's activities include:

- ▶ **World of Difference Grants.** Through this new initiative, the Cigna Foundation provides major support to innovative projects that directly address children's wellness, women's health, senior care and health equity. The emphasis is on scalability—finding solutions that work locally and radiating them out to additional communities—and achieving a measurable impact.
- ▶ **Global Cigna Giving.** Reflecting Cigna's growing global presence, the Cigna Foundation taps the expertise of Cigna employees worldwide to identify projects that best meet the needs of their communities.
- ▶ **Regional Cigna Giving.** Coupled with Cigna sponsorships and employee engagement, these grants target communities where Cigna has a major presence.
- ▶ **Healthy Lifestyle Grants.** Cigna leads in making the connection between personal health and community health. The Cigna Foundation gives \$100 grants to organizations named by Cigna employees who take part in organized physical activity.
- ▶ **Grants for Givers.** Cigna employees are dedicated to serving others, and the Cigna Foundation is dedicated to helping them serve. Employees can direct Cigna Foundation *Grants for Givers* to the charities where they regularly volunteer.
- ▶ **Cigna Matching Gifts.** The Cigna Foundation enhances the financial giving of Cigna employees by matching, dollar for dollar, their gifts to all public charities meeting certain basic guidelines.
- ▶ **Healthy Connections; Healthier World.** Reflecting the approach of *Cigna Connects*, Cigna's corporate responsibility platform, the Cigna Foundation is committed to bringing together people with a stake in important health issues. Our sponsorship of the Global Healthy Workplace Awards & Summit programs in Shanghai and London, and "It's Time to Take Action," a forum on children's mental health (in collaboration with the National Alliance on Mental Illness), demonstrates that commitment.

Seeking Innovation & Effectiveness. The Cigna Foundation encourages organizations doing interesting work in our four focus areas to apply for our World of Difference Grants. We invite everyone who shares our passion for improving personal and community health to learn more about our activities. To take this healthy step: go to Cigna.com/AboutCigna.