



HGTV's *Beach Flip* Contestant Bios

Team: **Alex Borre** and **Martha Montross**

Location: Chicago, Ill.

Relationship: Dating

Childhood sweethearts Martha and Alex are experienced home renovators. As a kid, Alex says he spent lots of time on construction sites with his father and now works in his family's construction business. Together, he and Martha recently renovated and redesigned her condo in Chicago. Confident with their home improvement know-how, Martha and Alex say they are "ready to take their skills to the next level" in HGTV's *Beach Flip*. The couple, who describe their favorite design style as traditional American, says they believe "they are the strongest team in the competition and we came to win."



Team: **Melissa Llewellyn** and **Mahdi Alston**

Location: Los Angeles and Philadelphia

Relationship: Long-distance relationship

Melissa and Mahdi met in middle school and reconnected a few years ago. Melissa is a music video producer in Los Angeles, Calif., and Mahdi is the District Director for the Boy Scouts of America in Philadelphia, Penn. While neither has professional experience in renovation, they recently purchased a fixer-upper in Philadelphia that they plan to use as an investment property. Melissa and Mahdi describe their design style as modern—they say they love clean lines, sleek furnishings and bright jewel tones. The couple also believes that "if they can make long distance relationship work so well, they can do anything, including win this competition."



Team: **Sarah Roussos-Karakaian** and **Nick Karakaian**

Location: Astoria, N.Y.

Relationship: Married

Sarah and Nick met in college and have been married for six years. Sarah, a professional organizer, and Nick, who holds a degree in architecture, are in the process of a full home renovation. The couple says they are a "team to be reckoned with" because in addition to their professional skills, Nick also studies real estate and has a handyman business. They describe their favorite style as "traditional meets classic revival" and say they love to pair timeless design aesthetic with bold patterns and modern color palettes.



Team: **Lucy Farmer** and **Daphney Massey**

Location: Birmingham, Ala.

Relationship: Long-time friends

Lucy Farmer and Daphney Massey met in their college sorority at the University of Northern Alabama and have been best friends ever since. Lucy is a designer who has renovated eight homes and Daphney, a real estate agent, says "she knows potential when she sees it." Based in Birmingham, the friends say they share a similar design style, including reclaimed wood paired with furnishings and décor that have a glamorous, vintage feel." As a team, Lucy and Daphney say they have the "brains, brawn and know-how to take down any team" in the competition.

