

FRESH CALIFORNIA FIG AND MUSTARD RELISH

Created for the California Fig Advisory Board
By Chef Robert Del Grande
Restaurant RDG + Bar Annie

INGREDIENTS

tablespoon	Extra virgin olive oil
cloves	Garlic, minced
tablespoon	Italian parsley, minced
each	Fresh California figs, large, finely minced or smashed
tablespoon	Dijon mustard
tablespoon	Red wine vinegar
teaspoon	Salt
pinch	Red pepper flakes
pinch	Black pepper
	cloves tablespoon each tablespoon tablespoon teaspoon pinch

PROCEDURE

In a skillet, heat the olive oil over medium-high heat. Add the minced garlic and sauté until just cooked. Add the minced parsley and lightly cook.

Transfer the garlic olive oil mixture to a bowl. Add the remaining ingredients and stir to fully incorporate into a smooth relish.

Serve with grilled or roasted poultry or meats.

Serves 4.