Ken Griffey Jr.

“I’ll never forget the day we found out about Dad’s prostate cancer . . .

. . . it was scary, especially knowing our family history . . .

. . . and how deadly the disease can be.”

National Baseball Hall of Famer
Ken Griffey Jr.

Best known for his signature swing, “The Kid” now takes a swing at advanced prostate cancer to raise awareness about a disease that has taken a devastating toll on the men in his family.

Baseball great Ken Griffey Jr. takes to the plate again. This time, it’s in support of his father Ken Griffey Sr., who is a prostate cancer survivor.

Prostate cancer has taken too many lives in the Griffey family. Having lost four great-uncles to prostate cancer and after his father’s diagnosis, Griffey Jr. understands the importance of having open and honest conversations about health issues, especially those “below the belt” ones that are hard to talk about.

He joins his dad and the Men Who Speak Up movement to deliver an important message to men with advanced prostate cancer. He is encouraging men to recognize the signs of advancing disease, like fatigue, difficulty walking or climbing stairs, troubled sleep and daily use of pain medicine. If experiencing any of these symptoms, men should speak up.

Visit MenWhoSpeakUp.com to learn more.