Blue Plate®
Light Mayonnaise with Greek Yogurt

Fact Sheet

The first mayonnaise in the condiments aisle to include Greek yogurt!

Half the fat and calories of regular mayonnaise

One gram of protein per one tablespoon serving

Available in both a 30 oz. jar and a 12 oz. squeeze bottle

Mayo is #1

The U.S. consumes $2 billion in mayo annually
(more than twice as much as ketchup)*

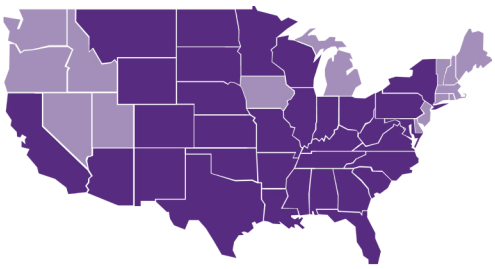
90 percent of millennials favor mayo spread on sandwiches**

73 percent use mayo as an ingredient in cold salads**

Versatile and Flavorful

Great in sandwiches, in cold salads, in dips and dressings, and even in baking

For recipes created by James Beard award winner Chef Alon Shaya, visit BluePlateGreek.com



Available everywhere Blue Plate is sold.

For a full list of retailers, visit

BLUEPLATEMAYO.COM

**Euromonitor International*
***Turner Research Network, on behalf of Association for Dressings and Sauces*