

A soft-focus background image of a woman with long dark hair, smiling and holding a clear wine glass filled with white wine. The lighting is warm and golden.

GOPO®

Rosehip with Galactolipids

Joint Care Challenge Testimonials

October, 2016

The following are
actual customer trial
testimonials from our
“Joint Care Challenge”
program in 2015.



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Terry, 55



"What an easy way to get results! My knees were hurting a lot. I could not walk as much without feeling the pain. So much better now!"

About Terry

Terry is a mom of two and a business owner. Now in midlife, She wants to be active and prides herself on staying in great shape. Terry regularly participated in vigorous hiking and daily brisk walks, but in the last couple of years, joint discomfort in her knees and hips have kept her from enjoying these activities without pain. Before starting GOPO®, she claims her joints felt "stiff and creaky." She was taking over the counter ibuprofen for the discomfort and inflammation, with varying degrees of relief.

After just five weeks of taking GOPO® Rosehip with Galactolipids, Terry went on a trip to Sweden and spent several full days walking along the cobblestone streets. To her surprise, she noticed that her knees felt great! She could also sit cross-legged without the pain in her hips flaring up.

Terry agrees that she has had better results from GOPO® Rosehip with Galactolipids than any other natural joint care supplement she has ever tried. She now has much less pain in her joints, and her mobility has been restored. Her amount of exercise has increased from four to six hours per week. She is delighted that she is now able to take her dog on long daily walks again!

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Sunny, 34



"I would recommend GOPO to alleviate daily pain. It works much better than glucosamine for me."

About Sunny

Sunny is a student and is active in the theatre. She has had joint discomfort in her knees, shoulders, wrists and hips for over eight years- to the point of trying physical therapy to alleviate her knee pain. She participated in dance, weight lifting, running and yoga, but her joint discomfort severely hampered her ability to perform these activities at the intensity level she once had. Sunny tried glucosamine and chondroitin with minimal success. She wanted a natural solution to alleviate joint discomfort and enable her to enjoy exercise and dance again.

After just a few weeks of taking GOPO® Rosehip with Galactolipids®, Sunny found herself in the middle of a taxing move. During that move, she did lifting and tugging that before GOPO® she says "would have made her joints furious." To her surprise, she didn't notice any discomfort at all. She also tweaked her shoulder, and instead of hurting for days-she woke up the next day with no pain. After five weeks on GOPO®, she was able to do push-ups again-pain free. Her sleep was much better, because she was no longer awakened by shoulder pain at night.

Now with little to no joint discomfort, Sunny claims that she has had better results with GOPO® Rosehip with Galactolipids® than any other natural joint care supplement or over the counter medication she has tried. She has noticed a dramatic increase in her mobility, athletic performance and endurance. Because her body feels so much better, she has started weight lifting and body resistance exercises- and she can't wait to start dancing again!

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Pat, 67



"This is not the first time I have tried something to help combat my aches and pains, but it is the first time that I really felt a difference. My exercise has been very important to me for over 30 years and anything that insures my continuance is something that I will cherish!!"

About Pat

Pat, a youthful 67 year-old grandfather, likes to stay active and physically fit. He has been diagnosed with osteoarthritis, but has decided to steer clear of prescription medication. Pat participated in weight lifting, yoga, Pilates, hiking and biking, but the discomfort in his shoulder made it difficult to exercise pain free. Before trying GOPO®, he experienced severe discomfort in his right shoulder all throughout the day, and it often interfered with his fitness routine.

After taking GOPO® Rosehip with Galactolipids for just three weeks, Pat saw significant improvement in his shoulder pain. He noticed that he could do exercises that he had not been able to do for some time, including flies and military presses in the weight room, and challenging yoga poses such as downward facing dog. After five weeks, the pain in his right shoulder vanished, and he was delighted that he was able to live his life without pain. He noticed that he was able to exercise, play with his grandchildren and pursue his hobbies in a way that he had not done in years.

A big believer in GOPO®, Pat now reports less pain in his joints, better physical health, increased activity and improvement in his athletic performance overall. He is now able to exercise much more because his body feels better. He has felt his joint discomfort slowly disappear, and has now gained the confidence to go back to the exercises he avoided for a long time.

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Lynne, 50



"After the first three weeks I noticed my knee pain was gone. I was able to walk up and down stairs and exercise harder while taking it."

About Lynne

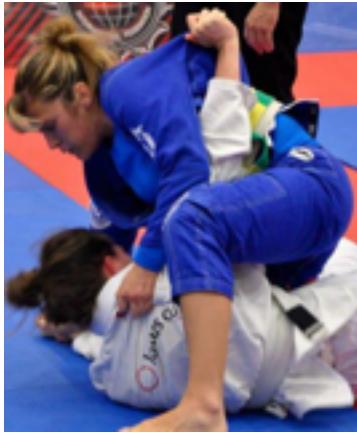
Lynne works in sales. She is dedicated to spending her 50's healthy and fit. She regularly suffered from joint pain in her feet, wrists and knees, which made daily activities such as walking up and down stairs and bending difficult. It was also challenging for her to keep up with her exercise routine of weight lifting and biking four times a week.

Lynne had tried glucosamine and over the counter pain medications to manage her symptoms, to varying degrees of success. She was looking for something natural to promote flexibility, relieve pain, and allow her to be able to comfortably enjoy her active lifestyle.

After just a couple of weeks of taking GOPO Rosehip with Galactolipids®, Lynne noticed a significant decrease in discomfort in her feet and knees, which allowed her to exercise more effectively and vigorously. She reports a marked improvement in flexibility, mobility, athletic performance and endurance. When she first started GOPO®, she rated her joint discomfort a 6 on the scale of 1 to 10- now she says its down to a 1! Lynne agrees that she has had better results from taking GOPO Rosehip with Galactolipids® than any other natural supplement or over the counter medication she has ever tried.

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Jessica, 29



"GOPO has given me relief. My workouts are much more effective, and my training and recovery is far less painful without the constant discomfort I once had"

About Jessica

Jessica is a single mother and a blue belt Jiu Jitsu champion. She competes in tournaments every other month. A serious athlete training for multiple hours six days per week, Jessica found that her joints were constantly hurting. Her training regimen includes Brazilian Jiu Jitsu, kickboxing, muay thai, kettlebells, and cardio. She primarily felt pain in her knees, hands, wrists and hips, and her doctor told her said that she had beginning stages of arthritis in her neck.

Jessica's joint aches prevented her from using full range of motion when training and competing, and caused her severe discomfort throughout the day. She had tried glucosamine, which she said helped slightly but not enough. She was looking for a natural solution to her joint discomfort that would help her perform at an optimum level.

After just one week on GOPO® Rosehip with Galactolipids, Jessica says she began noticing joint pain relief in her fingers. By the second week, she felt relief in her hips. After three weeks, she reported a marked increase in mobility. She hadn't been able to do jump lunges in over a year, but since using GOPO®, she has been able to do this exercise consistently.

After taking GOPO® Rosehip with Galactolipids for five weeks, Jessica claims that her training was more effective, and her recovery was much easier without the constantly aching joints. She can now run on a daily basis without taking time off due to her hip. Her shoulders no longer bother her throughout the day, and she can bend her fingers without cringing!

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Dion “Big Cat”, 44



"I felt handicapped, but after 12 weeks of taking GOPO®, I feel like an athlete again"

About Dion

Dion, “Big Cat”, 44, is a revered boxer in the Las Vegas entertainment circuit. He currently holds the title of Vegas Nightlife (VNLF) heavyweight champion. In addition to his competitive career, he trains people in his self-named boxing gym, Big Cat boxing. Training holding mitts for boxers 8-10 hours a seven days per week, Dion found that the constant impact to his wrists, hands and elbows were causing him severe discomfort. His knees hurt so badly he could barely bend over to tie his shoes or pick things up off the ground. These aches and pains severely impacted his ability to comfortably participate in his sport and help his clients realize their fitness and athletic goals.

Dion had tried over the counter medications for pain, but they provided just temporary relief. He was hoping for a natural supplement that would allow him to pursue his passion pain free. After taking GOPO® for just five weeks, Dion noticed that he no longer had pain in his wrists and elbows, which dramatically improved his ability to comfortably train his clients. He reported that when he trained for a “I felt handicapped, but after 12 weeks of taking GOPO®, I feel like an athlete again” fight, he felt “as strong as a bull” and he was able to much punch harder without worries of pain.

After completing the GOPO® Joint Care Challenge, Dion felt an overall improvement in his mobility, flexibility, athletic performance and overall physical health. He is now able to exercise more because his body feels much better. He also claims that GOPO® Rosehip with Galactolipids is the best natural supplement he has ever tried. After training for three months to fight for a national heavyweight title, he feels the best he ever has!

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Teresa, 53



"This natural product has not caused any side effects and is easy to take. I noticed results quickly. GOPO® helped to return the stiff, swollen joints in my hands to normal."

About Teresa

Teresa has had ongoing carpal tunnel issues with both wrists and was experiencing stiffness and pain in her finger joints. Her regular activities, including using the computer at work, driving and sewing, were becoming difficult for her. Her discomfort was worse in the morning. She took over the counter pain medication whenever the joint distress became unbearable, and was interested in finding a natural product to help her with her stiffness and pain.

After just three weeks of taking GOPO® Rosehip with Galactolipids, Teresa reported dramatic changes. "I usually wear wrist braces when I sleep to help with my carpal tunnel in both wrists, but the changes I've noticed within days of taking GOPO® has allowed me to sleep without braces and the stiffness in my fingers has diminished as well," she said. "This week, I was packing and moving. I usually take anti-inflammatory meds when I know I will be overworking my hands and wrists, but this time I only took the GOPO and it's made a big difference!"

After completing the GOPO® Joint Care Challenge, Teresa's discomfort has been significantly reduced. She noticed an improvement in her mobility, flexibility, and said she felt younger and healthier overall! "When taking GOPO®, I noticed that it didn't matter what time of day or how much I used my hands, I was not limited," she proclaimed, "I do not wake up at night with pain or stiffness and I do not have limitations in the mornings like I used to!"

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Johnathan, 39



"GOPO® really seems to be doing my joints justice!"

About Johnathan

Johnathan is single and an avid runner. Prior to enlisting in the GOPO® Joint Care Challenge, Johnathan had a lot of discomfort in his left hip and right shoulder, mostly from long-term sport injuries and intense workouts.

After taking GOPO® Rosehip with Galactolipids for just three weeks, Johnathan reported noticeable results. "The stiffness in my right shoulder has gotten better, and my range of motion is a lot better. My hip seems to be feeling better also—less stiffness there," he says.

After five weeks of taking GOPO®, Johnathan was able to run two 10ks a week apart and felt great. "I'm running much better at this point," he said.

Upon completing the GOPO® Joint Care Challenge, Johnathan reported improvement in his mobility, flexibility, athletic performance and overall physical health. He said that since taking GOPO® he has had no discomfort in his hip, an area which gave him trouble before. Johnathan heads up a Southern California running group and is now been logging about 40+ miles a week. He claims that GOPO® Rosehip with Galactolipids is the best natural supplement he has ever tried.

"Thanks again for the opportunity to try the product out, it's definitely helped me!"

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**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**