

Mojo-Marinated Pork Tenderloin

By Chef José Mendín for PorkTeInspira.com

INGREDIENTS

- 1 two-pound pork tenderloin, cut in half
- 2 tablespoons olive oil

Mojo Marinade

- 1 cup orange juice
- ½ cup lime juice
- 4 tablespoons garlic, minced
- 2 tablespoons kosher salt
- 2 teaspoons cumin
- 2 teaspoons oregano, dried
- 1 teaspoon red pepper flakes

COOKING INSTRUCTIONS

Mojo Marinade

In a large bowl, combine all marinade ingredients and mix.

In a large bowl, marinate the pork with the mojo mixture. Refrigerate for one hour (if marinated longer, more flavor is achieved).

Pre-heat oven to 350°F. Heat up a sauté pan and add olive oil. Sear pork tenderloin on all sides, approximately 5 minutes on each side. Place the pork on a baking sheet and put in oven until pork reaches an internal temperature between 145°F to 160°F (use a digital thermometer), about 10-15 minutes.

Serve with white rice, beans, plantains and Cuban bread.

SERVES 4 TOTAL PREP TIME 20 minutes TOTAL COOKING TIME 25-30 minutes

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