



**FOR MORE INFORMATION:**

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## **Glycom offers healthcare professionals free samples of a human milk oligosaccharides product for their IBS patients**

CHICAGO, Ill., March 24, 2020 — During April, IBS Awareness Month, biotech company Glycom is offering free trial boxes of Holigos® IBS Restore to healthcare professionals who see patients with irritable bowel syndrome (IBS). Each practitioner can receive 10 free boxes to share with their IBS patients.

"IBS is a chronic condition that affects the large intestine and can cause abdominal pain, bloating, gas, diarrhea and/or constipation," said Bruce McConnell, head of business development at Glycom. "April is IBS Awareness Month and a great opportunity for us to raise awareness about the role of gut bacteria in IBS and how improving gut bacteria can significantly reduce symptoms."

Holigos® IBS Restore is a medical food\* that contains two unique human milk oligosaccharides (HMOs) which are structurally identical to those in mother's milk. The evidence of the effectiveness of these HMOs in improving the composition of gut bacteria was presented at the American College of Gastroenterology's scientific meeting at ACG 2019.<sup>1</sup>

In a nationwide study, patients who took Holigos® IBS Restore for 12 weeks experienced significant improvement in overall symptoms as measured by the IBS Severity Scoring System (IBS-SSS):

- **58% fewer** days with abdominal pain
- **59% less** bloating
- **4.6x fold** improvement of normal stools



At the end of the study, quality of life had improved by **48%**. The findings in this study support the growing acceptance in the medical community of microbiota-directed therapies, such as the inclusion of prebiotic HMOs in IBS dietary planning.

Holigos<sup>®</sup> IBS Restore is available without a prescription. The free trial offer to healthcare professionals will be available from **April 1 until April 30**. Healthcare providers, nutritionists/dietitians and nurses can obtain free samples by registering at <https://holigos.com/pages/health-care-provider>. To learn more, visit [holigos.com](https://holigos.com).

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\* Medical foods are specifically formulated for the dietary management of a disease or condition that has distinctive nutritional requirements which cannot be met by normal diet alone and are to be taken under medical supervision.

**Reference: 1)** Palsson OS, Peery A, Seitzberg D, Amundsen ID, McConnell B, Simrén M. Human milk oligosaccharides improve all the central symptoms of irritable bowel syndrome: a multi-center, open label trial. Program No. 43. In: *ACG 2019 Annual Scientific Meeting Abstracts*. San Antonio, TX: American College of Gastroenterology.

### **About Glycom**

Glycom is a global biotechnology company dedicated to the scientific, clinical and commercial development of human milk oligosaccharides (HMOs) for a broad range of health applications. Headquartered in Hørsholm, Denmark, Glycom is the world's leading supplier of HMOs and has a U.S. facility located in Covington, La. Glycom is privately held. For more information, visit [glycom.com](https://glycom.com).