

# Understanding PROSTATE CANCER



Prostate cancer is the second most common cancer in men and the second leading cause of death due to cancer in men in the U.S.<sup>1</sup> Men with prostate cancer often face challenges with their mental health, sexual health, and cardiovascular health.

## What is advanced prostate cancer?

Prostate cancer is considered advanced when it has spread or come back after initial treatment and may include biochemical recurrence (rising prostate-specific antigen in the absence of metastatic disease on imaging), locally advanced disease, or metastatic disease.

### A COMMON DISEASE

Prostate cancer is one of most common types of cancer.

**~190,000**

men are estimated to be newly diagnosed in 2020.<sup>2</sup>

**1 IN 9**

men in the U.S. will be diagnosed during their lifetime.<sup>1</sup>

**~3 MILLION**

men diagnosed with prostate cancer alive in the U.S.<sup>2</sup>

Prostate cancer has the largest racial disparity of any major cancer.



Black men are **2X** as likely as white men to die from prostate cancer.<sup>3</sup>

### HEALTH OF THE WHOLE MAN

Prostate cancer can impact the overall health of men.

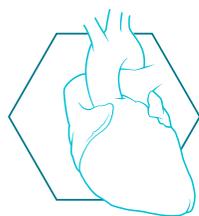
**1 IN 3**

men with prostate cancer are at risk of depression or anxiety.<sup>4</sup>

**>7 IN 10**

men report poor sexual function.<sup>4</sup>

Cardiovascular disease is the leading cause of death in men with prostate cancer.



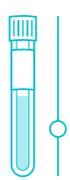
**2 IN 3**

men with prostate cancer are considered at high risk for cardiovascular disease due to a pre-existing risk factor such as tobacco use, diabetes, obesity, hypertension, low physical activity, and other risk factors.<sup>5</sup>

## Prostate Cancer JOURNEY

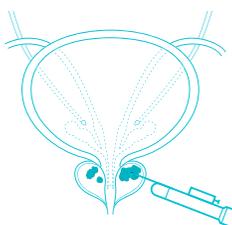


Each man has different goals of treatment, different risk levels, and different physical, mental, and emotional needs. It's important that treatment goals and concerns be discussed with a healthcare provider.



### SCREENING

Screening tests, like prostate-specific antigen, can help find cancer before symptoms arise.



### DIAGNOSIS

Diagnosis is based on a biopsy of the prostate and can be supported by imaging and lab tests.



### TREATMENT

Treatment may include surveillance, radiation, surgery, and/or medications.

First-line treatment often includes androgen deprivation therapy (ADT) to reduce testosterone, a hormone that drives the growth of prostate cancer. As a foundational treatment, ADT is used across prostate cancer disease states and may be taken for years.

**~300,000** men in the U.S. are expected to be treated with ADT in 2021.<sup>6</sup>

NOT FOR USE IN PROMOTION

1. Prostate Cancer Statistics. CDC.; 2. Key Statistics for Prostate Cancer. American Cancer Society.  
3. Brawley, O. *Journal of the National Cancer Institute Monographs*. 2012.; 4. Downing, et al. *The Lancet Oncology*. 2019.  
5. Leong, et al. *Journal of Urology*. 2020.; 6. National Sales Perspective data and claims data.

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