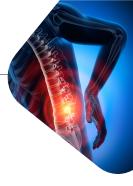
About Non-Radiographic Axial Spondyloarthritis (nr-axSpA)

Non-radiographic axial spondyloarthritis is a chronic inflammatory disease that affects the spine and other areas of the body.1 It causes inflammation in the spine and other joints that can lead to symptoms including pain and stiffness.2,3



axSpA consists of two subsets:

Non-radiographic axial spondyloarthritis (nr-axSpA)

Chronic inflammatory

radiographic sacroiliitis4

Inflammation may show up in magnetic resonance images (MRIs), although positive MRI

The prevalence is similar or even slightly higher in women than in men.4

Ankylosing Spondylitis (AS)



Structural damage of the SI joints and spine that is visible on X-rays^{3,4}



Men are diagnosed 3x more often than women⁵

Common AS and nr-axSpA signs and symptoms:3



Other factors that can help doctors identify AS and nraxSpA could include blood tests to check for elevated inflammatory markers such as C-reactive protein (CRP) and testing for the HLA-B27 gene³



Symptoms usually start before age 45



Initial symptoms may include pain and stiffness around the lower back and hips2



Can also cause inflammation. pain, and stiffness in other areas, including neck, shoulders, hips, ribs, heels, and the small joints of the hands and feet3



Impairment in physical function²

There are still unmet needs in the diagnosis of axSpA



There is on average up to a 9-year delay in diagnosis between symptom onset and diagnosis of axSpA.4



There is no current cure for nr-axSpA Disease management focuses on controlling symptoms, relieving

back pain and stiffness, and maintaining physical function.6 Patients should visit a healthcare professional to establish care.

A rheumatologist is commonly the type of physician that manages axSpA.3

of a healthcare professional.

- 1. Slobodin G. and Eshed I. Non-Radiographic Axial Spondyloarthritis. Isr Med Assoc J. 2015 Dec;17(12):770-6. PMID: 26897981 Boonen A., et al. The burden of non-radiographic axial spondyloarthritis. Semin Arthritis Rheum. 2015 Apr;44(5):556-562. doi 1.1016/j.semarthrit.2014.10.009. Epub 2014 Oct 22. PMID: 25532945.
- Spondylitis Association of America. Available at https://spondylitis.org/about-spondylitis/types-of-spondylitis/ankylosing-spondylitis/. Accessed March 2022.
- Deodhar AA, Understanding Axial Spondyloarthritis: A Primer for Managed Care. Am J Manag Care. 2019;25:S319-S330.
 Rusman, T, Bentum R, et al. Sex and gender differences in axial spondyloarthritis: myths and truths, Rheumatology (Oxfoix466.doi: 10.1093/rheumatology/Rea543.
 A. Keat et al. BSR Standards, Guidelines and Audit Working Group, BSR guidelines for prescribing TNF-α blockers in adu. natology (Oxford). 2020;59:iv38-
- spondylitis. Report of a working party of the British Society for Rheumatology, Rheumatology. 2005; 44(7), 939-a947.

Sponsored by AbbVie. This communication is for informational purposes only and is not intended to replace the advice

