



Ortho® Home Defense Max® BEDBUG Killer

How to Detect, Treat and Prevent Bed Bugs – Tip Sheet

Detect

1. Inspect sleeping area for signs of bugs—mattress, headboard, frame, side tables, lamps
2. Look for live bugs, cast skins, eggs and dried blood spots
3. Check for small, hard, swollen white welts on skin
4. Use the following tools to aid in your search:



- **Flashlight** : Bed bugs usually hide in dark crevices. Without a flashlight, you may not see them. Use a bright flashlight (LED recommended) with fresh batteries.



- **Magnifying glass** : At 1 mm, most people need a magnifying glass to clearly see bed bug eggs and freshly hatched bed bugs. Use a large magnifying glass to make close-up examinations easier.



- **Collection containers** : (re-sealable plastic bags, tightly capped vials, small jars, etc.) You may need to keep the evidence you find. If you find insects that may or may not be bed bugs, you will want a specimen to submit to a professional for identification. Most pest management companies will identify pests for free.



- **Forceps, tweezers, or a thin probe** : to help collect specimens



- **Alcohol wipes** : baby wipes, or alcohol and cotton swabs. If you find spots that may be bed bug fecal stains or droppings, you can wet them with an alcohol swab, wipe, or baby wipe and look for a red or reddish brown color on the wipe. This will help you distinguish between bed bug droppings and dirt/lint or other matter.

Treat

1. Reduce clutter
2. Inspect and vacuum crevices around room and furniture (Be careful that you clean your vacuum well so bugs and eggs don't infest your vacuum)
3. Caulk crevices
4. Encase mattress and box springs to restrict access to bugs
5. Apply Ortho® Home Defense Max® BEDBUG Killer to mattress and all other infested areas around bed
6. If infestation continues, contact a local bed bug management professional



Prevent

1. Monitor your home and bedroom for any signs of bed bugs
2. Inspect thoroughly purchases of used clothing, furniture or any vintage pieces. Spray any bugs with Ortho® Home Defense Max® BEDBUG Killer and put appropriate items in the dryer for 15 minutes on high heat. This will kill any bed bugs and their eggs.
3. When traveling, immediately inspect lodging area for signs of infestation and report any sightings to the hotel management.
4. Upon return from travel, place all items that may have been exposed (including suitcase when possible) into the dryer, and place on high heat for 15 minutes.