



R.W. Knudsen Family® Simple Living Tips

Where We Share *Our* Simple

Share Your Simple Tips for Fall Fun

- Add **R.W. Knudsen Family® Just Cranberry™** juice to sparkling water and orange juice for a refreshing celebratory toast this season – try it in place of orange juice for quickbread recipes as well.
- Add **R.W. Knudsen Family® Just Cherry™** juice to poultry demiglace with sautéed shallots, garlic, and sage; use to baste roast chicken, turkey or duck for amazing fall harvest flavor.
- Savor the season by visiting local farms and orchards as a family to pick out a pumpkin, buy some apples and take a hayride; take lots of pictures for holiday cards and sharing on Facebook.
- Take a minute to jump in a pile of leaves at least once to take a little of the “work” out of your fall yard work.

Share Your Simple Gift Idea Tips

- Offer to make a weekend brunch or holiday meal as a gift for a memorable meal that will live on for years.
- Give back this season by adopting a family through a local nonprofit. Bringing gifts to a family in need expands the heart and cultivates gratitude.
- Bake home-made cookies and family favorite treats and incorporate into creative gift baskets. Add fresh seasonal fruit and a bottle of **R.W. Knudsen Family Celebratory** beverage for a pop of flavor and color.
- Consider gifts that give throughout the year, including flowers and cheese of the month subscriptions.
- Give an experiential gift with tickets to the theater, game or museum.
- Plant paperwhite or amaryllis bulbs in small terracotta pots right after Thanksgiving; dress up with ribbon for perfect hostess gifts in time for December holidays.



Share Your Simple In The Home Tips

- Mulled cider on the stove creates great holiday aromatherapy and refreshments during entertaining or post-sledding.
- Bring an insulated mug of hot cocoa or cider along on snowman-making adventures to keep warm and cheery.
- Spare pine boughs collected outdoors or at a tree lot make great decor for shelves and mantels.
- Get everyone involved! Encourage guests to cook a favorite recipe while visiting to take some of the planning out of your hands.
- Votive candles in simple glass holders placed around the house create a festive household inexpensively and within minutes.
- Host an open house the week between Christmas and New Years. Invite all the friends and family that you usually don't see during the holidays. Many schedules are more flexible during this time since most parties have already occurred.

- Keep plenty of **R.W. Knudsen Family**® Celebratory beverages on hand for the entire season as must-have option for the entire family. They make a great hostess gift, gift basket item, and table decoration.

Share Your Simple Holiday Recipe Tips

- **R.W. Knudsen Family** Organic Mulling Spices are a perfect staple for entertaining, hostess gifts, and gift baskets. Simply simmer on the stove with bottle of **R.W. Knudsen Family** Organic Apple or Organic Pear Juice and a sliced orange.
- Celebrate the season with fruit: use **R.W. Knudsen Family** fruit juices in your holiday baking for additional Cherry, Apple, and Pear juice flavor.

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R.W. Knudsen Family® has produced quality, all-natural juice products since 1961. Its offerings include more than 125 types of natural and organic fruit and vegetable juices, carbonated fruit beverages, and specialty items including **Recharge**® sports drinks. **R.W. Knudsen Family** products are made without artificial flavors or preservatives, and never contain added sugar. Visit www.rwknudsenfamily.com for more information.