

FAQs

**BODYKEY by NUTRILITE™
90-Day Weight Loss Challenge**



BODYKEY™ Products
Meal Replacement Shakes
Super Green Aloe Shots
Appetite Control Chews



Exclusively from **Amway**

BODYKEY by NUTRILITE™ 90-Day Weight Loss Challenge



A team member has decided to drop out of the challenge. Can we add a new person in their place?

Unfortunately, new team members are not able to be added if one or more of the team members is unable to complete the challenge. Your team can continue on its weight loss journey and can be eligible for individual weekly prizes. The team would not be eligible for team prizes, including the grand prize.

Can I win more than once?

Teams are eligible to win the weekly prize once during the challenge. Individual prize winners could possibly win more than once during the challenge.

How will I receive my prize?

Weekly prizes will be sent via UPS.

How does a participant know if they won a prize?

Weekly winners will receive an email.

How long will it take to receive my prize?

Allow two to four weeks for receipt of prize.

Can I track my prize?

Yes, a tracking number will be provided.

Can I get cash or exchange my prize?

No exchanges will be allowed.

What if my prize is damaged or defective upon receipt?

Call Customer Service.

BODYKEY MEAL REPLACEMENT SHAKES



Do BODYKEY Meal Replacement Shakes contain any plant-based ingredients?

Yes. The shakes contain soy protein isolate and plant sterols.

How do I use BODYKEY™ Meal Replacement Shakes?

Replace one or two meals per day with shakes, or use as a healthy snack between meals.

Are BODYKEY Meal Replacement Shakes recommended for pregnant women or nursing mothers?

Shakes are not recommended for use by pregnant or breastfeeding women.

BODYKEY MEAL REPLACEMENT SHAKES (continued)

Are BODYKEY™ Meal Replacement Shakes recommended for children?

No. Shakes are not recommended for those under age 18.

Are there any physical states/conditions for which the use of BODYKEY Meal Replacement Shakes should be avoided?

Do not use shakes if you have any type of immune-compromised condition. Consult a health care practitioner prior to use if you have nausea, fever, vomiting, bloody diarrhea, or severe abdominal pains.

How should BODYKEY Meal Replacement Shakes be stored?

Shakes should be stored at room temperature in a cool, dry place with the container closed.

What are the health benefits of BODYKEY Meal Replacement Shakes?

The combination of soy protein and plant sterols may reduce the risk of heart disease.* Many nutritionists have been recommending that Americans cut back on traditional protein sources that have high levels of fat and cholesterol, such as red meats, cheese, eggs, and whole milk. BODYKEY Meal Replacement Shakes are a healthful alternative to these sources because one serving provides 15 grams of soy protein isolate. Protein and fiber also support satiety, or a feeling of fullness.

*Diets low in saturated fat and cholesterol that include 25 grams of soy protein isolate per day may reduce the risk of heart disease.

Are BODYKEY Meal Replacement Shakes known to interact with any medications?

Consult a health care practitioner prior to use if you are taking statins or cholesterol-lowering medications, if you are taking hormone replacement therapy, or if you have a history of hormonal or gynecological disease(s). Calcium, iron, and zinc have been known to interfere with certain medication(s). Therefore, consume this product a few hours before or after taking other medication(s).

Are there any potential side effects from taking BODYKEY Meal Replacement Shakes?

The shakes contain soy and are manufactured in a facility that also handles milk and tree nut (coconut) products. Erythritol in the shakes may cause a laxative effect in some individuals. This effect usually goes away within three days of use.

Are there any known foods or nutrients that may interact with BODYKEY Meal Replacement Shakes?

No.

Can I use BODYKEY Meal Replacement Shakes after they've expired?

It is not recommended to take shakes after their expiration date has passed because certain flavors and nutrients may degrade below their levels of intended use.

BODYKEY SUPER GREEN ALOE SHOTS



Are BODYKEY™ Super Green Aloe Shots recommended for children?

No. Shots are not recommended for those under age 18.

Are there any physical states/conditions for which the use of BODYKEY Super Green Aloe Shots should be avoided?

Consult with your health care practitioner if you have a known condition prior to consuming shots.

Are BODYKEY Super Green Aloe Shots known to interact with any medications?

Consult a health care practitioner prior to use if you are taking any medications.

Are there any potential side effects from taking BODYKEY Super Green Aloe Shots?

Shots may produce mild gastrointestinal discomfort or a slight laxative effect.

Do any of the ingredients in BODYKEY Super Green Aloe Shots exceed the upper recommended levels?

No.

Do BODYKEY Super Green Aloe Shots contain any plant-based ingredients?

Yes. The shots contain whole-leaf aloe vera juice and a blend of extracts from milk thistle, dandelion, slippery elm, green tea, burdock, fennel, senna, ginger root, acai, cranberry, goji, blueberry, and grape seed.

How should I take BODYKEY Super Green Aloe Shots?

Consume two shots per day (one in the morning and one in late afternoon) for two days at the start of your weight loss program or as maintenance.

Are BODYKEY Super Green Aloe Shots recommended for pregnant women or nursing mothers?

Shots are not recommended for use by pregnant or breastfeeding women.

Can I take other supplements with BODYKEY Super Green Aloe Shots?

Yes. Consult with your health care practitioner if you are concerned about additional supplements causing an excess of the upper recommended levels for vitamins.

Are there any known foods or nutrients that may interact with BODYKEY Super Green Aloe Shots?

No.

Can I use BODYKEY Super Green Aloe Shots after they've expired?

It is not recommended to take shots after their expiration date has passed.

How should BODYKEY Super Green Aloe Shots be stored?

Shots should be stored at room temperature in a cool, dry place with the container closed or refrigerated. Avoid prolonged storage at high temperatures.

BODYKEY APPETITE CONTROL CHEWS



Do BODYKEY™ Appetite Control Chews contain any plant-based ingredients?

Yes. Chews contain glucomannan fiber, palm oil, green tea extract, and African mango.

How should BODYKEY Appetite Control Chews be taken?

Consume one or two chews with at least 8 ounces of water, in between or just before meals.

Are BODYKEY Appetite Control Chews recommended for pregnant women or nursing mothers?

Consult with your health care practitioner prior to using chews if you are pregnant or breastfeeding.

Are BODYKEY Appetite Control Chews recommended for children?

No. Chews are not recommended for those under age 12.

Are there any physical states/conditions for which use of BODYKEY Appetite Control Chews should be avoided?

Anyone with a medical condition should consult with their health care practitioner prior to taking chews.

Are BODYKEY Appetite Control Chews known to interact with any medications?

Consult a health care practitioner prior to use if you are currently on medications.

Are there any potential side effects from taking BODYKEY Appetite Control Chews?

A small percentage of people may be sensitive to the sugar alcohol (maltitol syrup) in the chews and may experience gastrointestinal disturbances. Exceeding four chews per day may also lead to gastrointestinal disturbances.

Do any of the ingredients in BODYKEY Appetite Control Chews exceed the upper recommended levels?

No.

Can I take other supplements with BODYKEY Appetite Control Chews?

Yes, although caution is advised if taken with other fiber supplements or other supplements containing sugar alcohols, which could cause unpleasant intestinal disturbances.

Are there any known foods or nutrients that may interact with BODYKEY Appetite Control Chews?

No.

Can I use BODYKEY Appetite Control Chews after they've expired?

It is not recommended to take chews after their expiration date has passed.

How should BODYKEY Appetite Control Chews be stored?

Chews should be stored at room temperature in a cool, dry place.

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