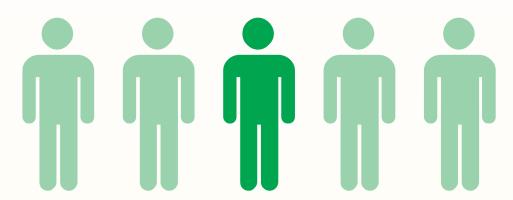
A recent survey questioned **teens**, parents, and doctors who treat teens about their perceptions of teen health.

Source: Online survey of 504 teens aged 13-17, 500 parents of teens aged 13-17, and 1,325 healthcare professionals including pediatricians and PCPs (n=510) and nurse practitioners, physician assistants, registered nurses, and licensed practical nurses (n=815) conducted in the United States by Harris Interactive Inc. on behalf of Pfizer Inc and the National Foundation for Infectious Diseases, and with support by Pfizer Inc, between December 27, 2012 and January 23, 2013.

## teens surveyed believe that their choices today won't have a big effect on their health in the future.



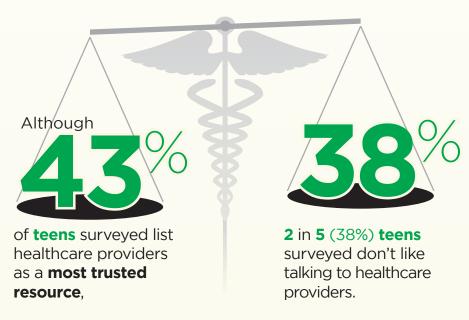
Despite this percentage, teens can be very mindful of health issues. In fact. 2 out of 3 teens surveyed worry a lot or a great deal about **staying healthy**.



Furthermore, parents and doctors surveyed agree with teens that it is **important** for **teens** to have a say in their health.

doctors	97%
teens	96%
parents	94%

It can be difficult for teens to have conversations with doctors about their health.



Annual checkups can offer an important opportunity for health discussions.

Teens include emotional well-being as one important factor to staying physically



\*\* 84% Exercise



**80**% Maintaining a healthy weight



75% Emotional well being



**75**% Eat a healthy diet



**70**% Good sleep habits

In fact, doctors surveyed state that teens are more likely to ask about important health topics, including weight, sexual health, vaccines, and stress-related conditions during an annual checkup than at a sick visit.



surveyed identified a reason for not getting an annual check-up.

Of those, about 1/3 believe that they only need to see a doctor when sick.



