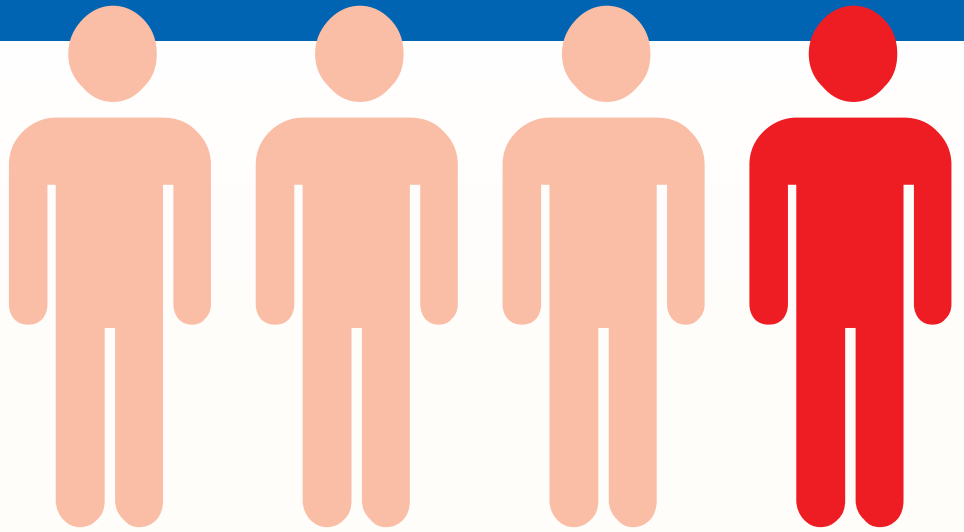


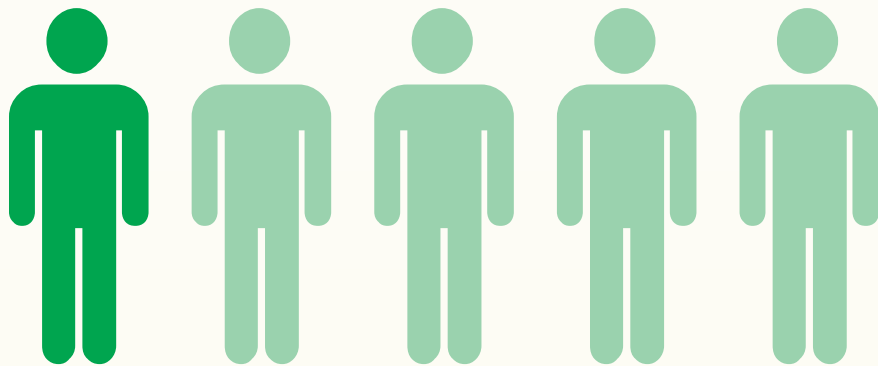
# About

# 1 in 4

**parents surveyed** say **teens' choices** today won't have a big effect on their health in the future (24%).



**Source:** Online survey of 504 teens aged 13-17, 500 parents of teens aged 13-17, and 1,325 healthcare professionals including pediatricians and PCPs (n=510) and nurse practitioners, physician assistants, registered nurses, and licensed practical nurses (n=815) conducted in the United States by Harris Interactive Inc. on behalf of Pfizer Inc and the National Foundation for Infectious Diseases, and with support by Pfizer Inc, between December 27, 2012 and January 23, 2013.



Almost the same percentage of **teens** surveyed - **1 in 5** - agree (20%).

## However, teens can be mindful of health issues.

In fact, **2 out of 3 teens** surveyed (66%) worry a lot or a great deal about staying healthy, which may come as a surprise to their **parents**.

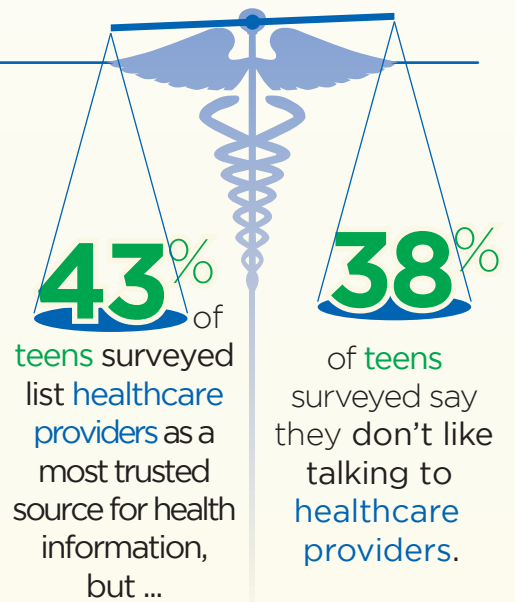


**66%**  
teens

Only about **1/4** of **parents** surveyed (28%) think **teens** are so concerned about their health.



**28%**  
parents



Nearly all groups surveyed felt that teenagers should have a say in their own health.

physicians **97%**

teens **96%**

parents **94%**

**64%** Approximately **2 out of 3** teens surveyed identify a reason for not getting an annual checkup.

**36%** Of those, about **1/3** believe that they **only need to see a doctor** when sick.

**Annual checkups can offer an important opportunity for health discussions.**

Physicians surveyed state that **teens** and their **parents** are more likely to ask about a number of health topics, including weight, sexual health, vaccines, and stress-related conditions during an annual checkup than at a sick visit.

