

**Susan Howard Catchings**  
Family Nurse Practitioner

Susan Catchings is a certified Family Nurse Practitioner specializing in pediatrics and women's health. Mrs. Catchings helps support more than 2,000 patients, ranging from newborn to adult, who are part of the Shah & Catchings Family Practice in Cary, North Carolina. She also serves as a pediatric consultant and appears monthly on local television news in Raleigh, North Carolina to speak about current pediatric topics.

Mrs. Catchings earned her Master's of Science in Nursing in 1993 from the UNC-Chapel Hill School of Nursing, where she is currently an Adjunct Faculty member. Prior to earning her master's degree, she worked as a pediatric nurse, caring for patients with cancer, pulmonology, cardiac and orthopedic problems, and other acute and chronic illnesses.

Mrs. Catchings is a member of the Sigma Theta Tau Nursing Honor Society and a number of nursing organizations, including the North Carolina Nurses Association and the North Carolina National Association of Pediatric Nurse Practitioners.

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