Let's build strength TOGETHER.

Join us May 27 for a live B-Fit strength training webcast, and learn the basics of building strong muscles from a B-fit expert.

The webcast is expected to attract an unprecedented Brookdale crowd.

Wednesday, May, 27 2:30 p.m. CST

Call us today at 1-888-305-4854.

To register, go to brookdale.com.



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