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STEVEN LAMM, M.D.*

Steven Lamm, M.D., is a practicing internist, faculty member at New York University School of Medicine, and the Director of Men's Health for NYU Langone Medical Center. He regularly offers his analyses and commentary on a wide variety of health and medical related topics on television and radio, including: *The Oprah Winfrey Show*, *Today*, *Nightline*, *Dateline*, *Fox News* and *The View*.



JULIE MORGENSTERN*

Julie Morgenstern is an internationally renowned organizing and time management expert, *New York Times* best-selling author, consultant and speaker. She is the author of 'Shed Your Stuff, Change Your Life' and 'Organizing From the Inside Out,' which has been developed into popular specials for PBS. She has written columns for both *O, The Oprah Magazine* and *Redbook*, helping readers solve problems by inspiring order in their lives. Julie has also been featured on numerous TV and radio programs, including *Oprah*, *Good Morning America* and *CNN*, and has been quoted regularly in a variety of publications including *The New York Times*, *TIME*, *USA Today* and *The Wall Street Journal*.



CECE OLISA*

CeCe Olisa, *My Healthy*™ participant, is the blogger behind PlusSizePrincess.com, which chronicles her adventures in fitness, fashion and dating in New York City. CeCe has been featured in *Marie Claire*, *Refinery 29*, *Huffington Post*, *Arise TV*, *CNN* and more! CeCe is sharing her story because she wants to encourage others who have struggled to lose weight to make the *My Healthy*™ Promise.

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* Steven Lamm, Julie Morgenstern and Cece Olisa are paid consultants to Eisai Inc.

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