



TANYA REMER ALTMANN, MD, FAAP

Tanya Altmann, MD, FAAP, is a UCLA-trained pediatrician practicing in Southern California, and the happy mother of two. In addition to her private practice, Dr. Tanya is an Assistant Clinical Professor at Mattel Children's Hospital at UCLA and the Chief Medical Advisor for the Newborn Channel. Dr. Tanya is also a Fellow of the American Academy of Pediatrics where she is frequently called upon to communicate complicated medical issues into easily understood concepts. Of course, this makes her a perfect partner in the **TYLENOL® SMILING IT FORWARD™** campaign, which she participates in proudly.

Beyond her extensive medical work, Dr. Tanya is also an accomplished writer, authoring the best-selling book *Mommy Calls: Dr. Tanya Answers Parents' Top 101 Questions About Babies and Toddlers*. She is Editor-in-Chief of the American Academy of Pediatrics' parenting book *The Wonder Years* and Associate Medical Editor of their best selling *Caring for Your Baby and Young Child: Birth to Age 5*.

And if that isn't impressive enough, Dr. Tanya also serves as a child health expert for numerous news programs and talk shows, including *Today* (NBC) and *KTLA 5 Morning News @9* (CW Los Angeles). She's been quoted in hundreds of periodicals including *Newsweek*, *USA Today*, *Los Angeles Times* and *Parents Magazine*. Her popular parenting workshops help moms and dads through the day-to-day ups and downs of raising their kids. She responds to caregivers concerns and blogs on controversial topics for a variety of health and parenting websites including *WebMD* and *TODAYMoms*. In addition, Dr. Tanya serves on the Editorial Advisory Board for *Sharecare*, a new interactive healthcare website.

