

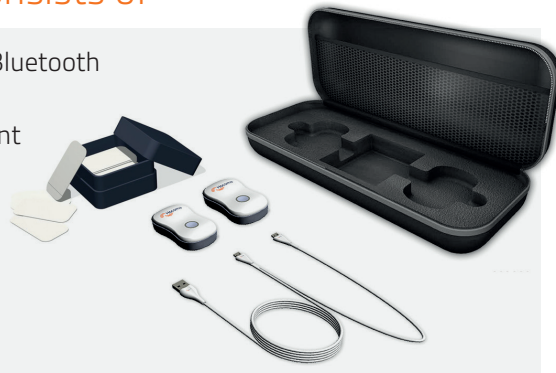
Product information Valedo®



Certified and recommended by the
Federal Association of German Back
Schools and the German Forum
Healthy Back – Better living –
www.agr-ev.de/en

The Valedo set consists of

- 2 sensors with latest Bluetooth Smart technology
- 100 medical attachment tape strips
- 1 USB charging cable
- User manual
- Quick reference guide
- Portable case



Product infos

- Price: \$ 359 (excl. VAT)
- Weight Valedo set: 250 grams
- Dimensions of box: 3.35 in x 2.56 in x 7.68 in
- Dimensions of sensors: 1.65 in x 1.26 in x 0.63 in
- Manufacturer: Hocoma AG

Use it anytime you want – at home, in the office, while travelling

It's as easy as 1, 2, 3

1 Start software*



* For iPad: 3rd generation and higher, all iPad mini, iPad 4th generation recommended.
For iPhone: 5th generation and higher. Software: minimum iOS 6.1, iOS 7.1 and higher recommended.

2 Attach sensors



3 Exercise for back health



valedo

Move for a healthy back

Valedo helps

- Enhance treatment of non-specific* lower back pain
- Redevelop deep muscles
- Restore motion to vertebral joints
- Improve movement awareness
- Extend classical back therapy through self-guided therapy at home
- Increase patient exercise engagement

*Non-specific LBP-pain not attributable to a recognizable pathology (e.g. fracture, inflammation, infection, tumor, osteoporosis, rheumatoid arthritis, etc.).

Therapeutic exercises

- Efficient and effective back training with 17 unique movements, incorporated into 45 therapeutic exercises.
- Therapeutic goals:
 - Mobilization
 - Stabilization (Isolation, Strength, In Movement)
 - Body control
 - Improvement of movement awareness
 - Stretching
 - Balance



Caution:

All Hocoma products are medical devices and must be used in strict adherence to the user manual and only according to the recommendations contained therein; failure to do so may result in personal injury. Please contact Hocoma should you have any questions. For the latest available information about the medical indications, contraindications, side effects and risks associated with the Valedo it is strongly recommended that you regularly consult Hocoma's website: www.hocoma.com/legalnotes.

The Valedo is marketed for home use and is intended to improve back health and to prevent nonspecific low back pain by promoting specific movements and exercises. Movement and exercise are associated with potential risk of injury. Users of the Valedo are responsible for their movement and exercise and manner in which they use the product. For specific product information you should regularly consult the current summary of product characteristics at www.valedotherapy.com.

While there may be information in the Valedo, the user manual and in marketing materials related to certain medical conditions and their treatment, promptly consult your own doctor or qualified medical personnel about using the Valedo if you are currently injured, medicated or under a doctor's care for a medical condition. The Valedo is not designed or intended to diagnose specific ailments or conditions, nor does Hocoma offer personalized medical diagnosis or patient-specific treatment advice.

Failure to consult qualified medical personnel before using the product or any failure to follow either their recommendations or the product instructions can result in personal injury. If at any time after beginning use of the product you experience discomfort or pain, loss of range of movement, or any other problem, stop using the product immediately and consult qualified medical personnel.

This information provides details about medical products, which may not be available in all countries and may not have received approval or market clearance by all governmental regulatory bodies throughout the world. Nothing herein should be construed as a solicitation or promotion of any product or of an indication of any specific use for any product which is not authorized by the laws and regulations of the country where the reader of this information resides.

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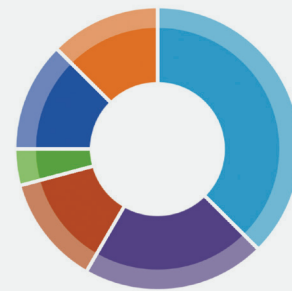
For more information and ordering online visit us on www.valedotherapy.com



Performance feedback on exercises

- Automatic tracking of development and progress of training
- Clear and easy-to-understand reporting
- Contains all information about movement quality and performance
- Performance report can be shared with therapist via mail

Total **000h48m** Average **000h02m** Completed Sessions **19**



★ Most Played	Torso District	37.5 %
	Twist District	20.8 %
	Hip District	12.5 %
⚠ Least Played	Special District	4.2 %
	Floor District	12.5 %
	Core District	12.5 %

Game Completion: 21.0 %

Key benefits of Valedo

- FDA listed medical device
- Motivational therapeutic exercises
- Use it anytime with only seconds to set up
- Developed by movement scientists and physiotherapists
- Performance feedback on exercises