

FACT SHEET



Progresso™ Chili & Stew

NEW CHILI FLAVOR, NEW STEWS
"Homemade" Quality for dinner anytime

Enjoy homemade quality chili and hearty stew anytime, whether for game day tailgating, a quick option for back-to-school dinners or a warm meal around the dinner table. Progresso™ Chili and Stew can be ready in 5 ½ minutes, taking the time out of preparing homemade dishes that can take hours.

For people who desire high quality ingredients in their chili and stew, Progresso offers a unique twist on classic chili flavors with vegetable, pork and beef, and white chicken. New Progresso Stew features thick and hearty flavors with big cuts of beef and vegetables, and chicken and savory herbs.

CHILI VARIETIES

NEW!

STEW VARIETIES



- **New Roasted Vegetable Chili with 3 Beans -**
A meat-free option includes roasted corn, red and green bell peppers, poblano peppers, onions, and pinto, black, and dark red kidney beans
- **Smokehouse Pork and Beef Chili with Beans -**
A spin on a homemade classic includes Andouille sausage, beef, and a blend of spices, all slow-cooked with tomatoes, onions, green sweet peppers and pinto and red kidney beans
- Contains soy ingredients
- **Southwest Style White Chicken Chili with Beans -**
A creamy blend of all-white meat chicken, white beans, green sweet peppers, tomatillos and onions
- Contains milk, wheat, soy and egg ingredients



- **Hearty Vegetable Stew with Beef -**
A stew favorite including large cuts of beef, tomatoes, potatoes, corn, okra, onions, celery and sea salt
- Contains wheat, soy and egg ingredients
- **White Chicken Stew with Savory Herbs -**
A thick and creamy blend of white chicken meat, potatoes, mushrooms, carrots, cream, peas, celery and onions, combined with savory herbs and seasonings
- Contains milk, wheat, soy and egg ingredients



Create a fun Progresso Chili Game Day experience!

Take your chili experience to a whole new level by creating a chili bar with all your favorite toppings—Queso Fresco, Manchego cheeses; spicy and creamy sauces such as salsa, cilantro, crema, Greek yogurt, Siracha or guacamole. For a fresh and crunchy factor serve banana peppers or jalapeños, onions, limes, tortilla strips, bacons or cornbread croutons. Be adventurous and top with crumbled Tater Tots™ or sauerkraut.

Personalize your stew by the bowl or by the batch!

Treat yourself to a big serving of warm and comforting stew made just your way—top off your stew with fresh parsley, arugula and a few croutons. Prefer to eat your stew with a fork? Try serving over a bed of egg noodles or rice. Don't forget the biscuits, a perfect pairing with stew.

CHILI VARIETIES

Progresso™ Chili Nutrition Information

Roasted Vegetable Chili With 3 Beans

Nutrition Facts
Serving Size 1 cup (246g)
Servings Per Container about 2 ½

Amount Per Serving	
Calories 210	Calories from Fat 25
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 650mg	27%
Total Carbohydrate 38g	13%
Dietary Fiber 10g	39%
Sugars 7g	
Protein 9g	
Vitamin A 30% • Vitamin C 0%	
Calcium 6% • Iron 15%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Ingredients: Water, Tomatoes, Roasted Corn, Tomato Puree (water, tomato paste), Carrots, Roasted Red Bell Peppers, Pinto Beans, Black Beans, Dark Red Kidney Beans, Modified Food Starch, Roasted Green Bell Peppers, Roasted Poblano Pepper, Roasted Onion. Contains less than 2% of: Sugar, Olive Oil, Chipotle Peppers, Salt, Yeast Extract, Spice, Chili Pepper, Tomato Extract, Smoked Paprika, Potassium Chloride, Dried Roasted Garlic, Maltodextrin, Dried Vinegar, Natural Flavor, Citric Acid, Calcium Chloride, Dried Garlic.

DISTRIBUTED BY GENERAL MILLS SALES, INC., MINNEAPOLIS, MN 55440 USA
© General Mills 3828242101

Southwest Style White Chicken Chili with Beans

Nutrition Facts
Serving Size 1 cup (248g)
Servings Per Container about 2 ½

Amount Per Serving	
Calories 210	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 30mg	11%
Sodium 660mg	28%
Total Carbohydrate 24g	8%
Dietary Fiber 6g	24%
Sugars 3g	
Protein 15g	
Vitamin A 0% • Vitamin C 0%	
Calcium 4% • Iron 10%	

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Chicken Broth, Cooked White Chicken Meat, Great Northern Beans, Green Sweet Peppers, Tomatillos, Cream, Water, Modified Food Starch, Onions. Contains less than 2% of: Wheat Flour Bleached, Salt, Chipotle Peppers, Toasted Corn Flour, Cilantro, Potassium Chloride, Soy Protein Isolate, Sodium Phosphate, Onion Powder, Garlic Powder, Sunflower Oil, Sugar, Dried Chili Pepper, Spice, Coconut Oil, Citric Acid, Oregano, Maltodextrin, Natural Flavor, Dried Vinegar, Egg Yolk.

CONTAINS MILK, WHEAT, SOY AND EGG INGREDIENTS.

DIST. BY GENERAL MILLS SALES, INC., MINNEAPOLIS, MN 55440 USA
© Pet Incorporated 3998901102

Smokehouse Pork and Beef Chili with Beans

Nutrition Facts
Serving Size 1 cup (249g)
Servings Per Container about 2 ½

Amount Per Serving	
Calories 320	Calories from Fat 180
% Daily Value*	
Total Fat 20g	30%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 670mg	28%
Potassium 860mg	25%
Total Carbohydrate 24g	8%
Dietary Fiber 3g	12%
Sugars 6g	
Protein 14g	
Vitamin A 10% • Vitamin C 0%	
Calcium 6% • Iron 10%	

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Water, Tomato Puree (water, tomato paste), Cooked Andouille Sausage, Smoke Flavor Added (pork, water, and 2% or less of the following: garlic, salt, spices, paprika, sugar, dehydrated garlic, natural flavor, maltodextrin, modified corn starch, corn syrup solids, natural smoke flavor, sodium phosphates, rendered pork fat, yeast extract, canola oil), Tomatoes, Seasoned Cooked Beef (beef, water, hydrolyzed soy protein, seasoning [salt, dextrose, yeast extract, spice, onion powder, garlic powder, canola oil, natural flavors]), Bacon (pork cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite), Pinto Beans, Onions, Green Sweet Peppers, Modified Corn Starch, Dark Red Kidney Beans. Contains less than 2% of: Sugar, Chipotle Peppers, Chili Pepper, Spice, Potassium Chloride, Salt, Garlic Powder, Maltodextrin, Calcium Chloride, Citric Acid, Dried Vinegar.

CONTAINS SOY INGREDIENTS.

DIST. BY GENERAL MILLS SALES, INC., MINNEAPOLIS, MN 55440 USA
© Pet Incorporated 3019012102

STEW VARIETIES

Progresso™ Stew Nutrition Information

White Chicken Stew with Savory Herbs

Nutrition Facts
Serving Size 1 cup (252g)
Servings Per Container about 2

Amount Per Serving	
Calories 200	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 700mg	29%
Total Carbohydrate 22g	7%
Dietary Fiber 2g	10%
Sugars 3g	
Protein 15g	16%
Vitamin A 20% • Vitamin C 0%	
Calcium 2% • Iron 6%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Ingredients: Chicken Broth, Cooked White Chicken Meat, Potatoes, Mushrooms, Carrots, Cream, Peas, Celery, Water, Onions, Modified Food Starch. Contains less than 2% of: Wheat Flour Bleached, Chicken Fat, Salt, Onion Powder, Carrot Puree, Yeast Extract, Leek Powder, Sugar, Spice, Corn Oil, Dried Roasted Garlic, Soy Protein Isolate, Dextrose, Sodium Phosphate, Maltodextrin, Natural Flavor, Cultured Whey, Dried Parsley, Egg Yolk.

CONTAINS MILK, WHEAT, SOY AND EGG INGREDIENTS.

DISTRIBUTED BY GENERAL MILLS SALES, INC., MINNEAPOLIS, MN 55440 USA
© General Mills 3456186101

Hearty Vegetable Stew with Beef

Nutrition Facts
Serving Size 1 cup (258g)
Servings Per Container about 2

Amount Per Serving	
Calories 190	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 720mg	30%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	10%
Sugars 5g	
Protein 14g	13%
Vitamin A 4% • Vitamin C 0%	
Calcium 4% • Iron 10%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Ingredients: Beef Broth, Cooked Seasoned Beef and Modified Food Starch Product (beef, beef broth, hydrolyzed soy protein, modified food starch, salt, sodium phosphates, natural flavor, maltodextrin), Tomatoes, Potatoes, Corn, Okra, Onions, Celery, Wheat Flour Bleached. Contains less than 2% of: Tomato Paste, Modified Food Starch, Sugar, Chicken Broth, Spice, Sea Salt, Natural Flavor, Salt, Garlic Powder, Beef Fat, Maltodextrin, Beef Extract, Onion Powder, Dried Vinegar, Calcium Chloride, Citric Acid, Egg Yolk.

CONTAINS WHEAT, SOY AND EGG INGREDIENTS.

DISTRIBUTED BY GENERAL MILLS SALES, INC., MINNEAPOLIS, MN 55440 USA
© General Mills 3773189101

PREPARATION:

- Can be heated in 5 ½ minutes in the microwave in a 1-quarter microwaveable bowl

PRICE:

- Progresso Chili has a suggested retail price of \$4.49 per 20-ounce pouch (2 ½ servings)
- Progresso Stew has a suggested retail price of \$4.49 per 18-ounce pouch (2 servings)

DISTRIBUTION:

- Progresso Chili and Stew is available nationally in the soup or chili aisle