

THE IMPACT OF CHRONIC PAIN

Chronic pain is a **widespread health problem** that places a significant burden on everyday life. Chronic pain is the **most common cause** of long-term disability, and almost **one-third** of all adults in the U.S. will experience **severe chronic pain** at some point in their lifetime.ⁱ

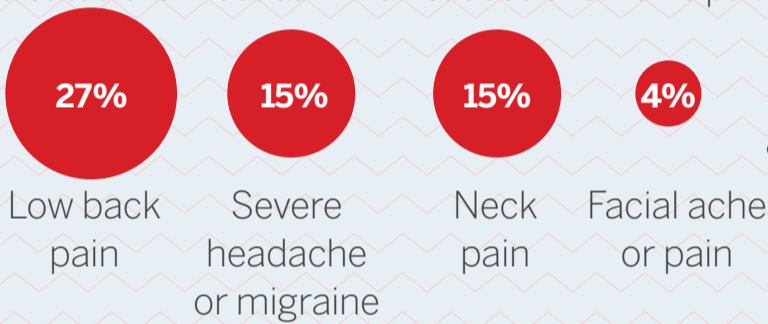


1 in 10 adults in the U.S. suffer dailyⁱⁱ

8 in 10

adults experience low back pain during their lifetimeⁱⁱⁱ

A National Institute of Health Statistics survey indicated the most common causes of chronic pain:^{iv}



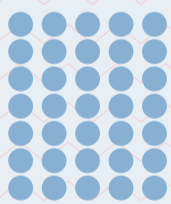
Low back pain rated the **3rd** most burdensome health condition in the U.S.ⁱⁱⁱ



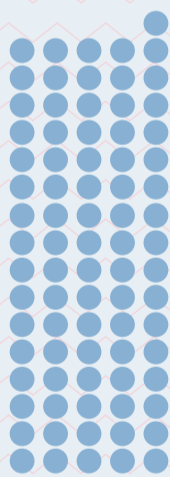
Chronic pain affects more adults in the U.S. than diabetes, heart disease and cancer **combined**.^{iv}



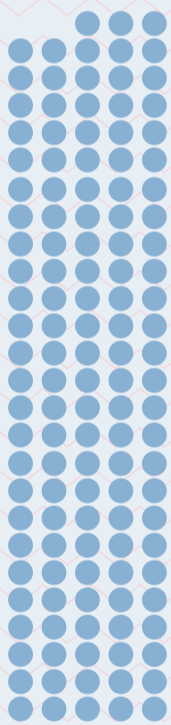
11.9 million
cancer



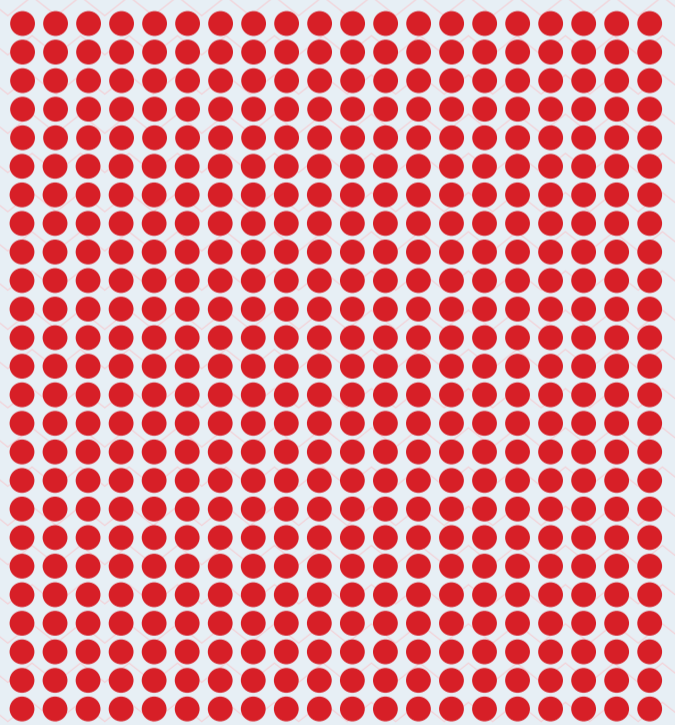
7 million
stroke



16.3 million
coronary heart disease
(heart attack and chest pain)



25.8 million
diabetes
(diagnosed and estimated undiagnosed)



100 million
chronic pain

ⁱ American Pain Society. Pain: Current Understanding of Assessment, Management, and Treatments. 2001.

ⁱⁱ Steven Cohen and Srinivasa Raja. Chapter 29 – Pain. 2012.

ⁱⁱⁱ National Institute of Neurological Disorders and Stroke. Low Back Pain Fact Sheet. Accessed online October 22, 2015.

^{iv} The American Academy of Pain Medicine. AAPM Facts and Figures on Pain. http://www.painmed.org/patientcenter/facts_on_pain.aspx#refer. Accessed online October 22, 2015.