

Physicians and people with type 2 diabetes (T2D) uncontrolled on basal insulin have a gap in perceptions of *control* which could contribute to suboptimal diabetes management

Definitions of control

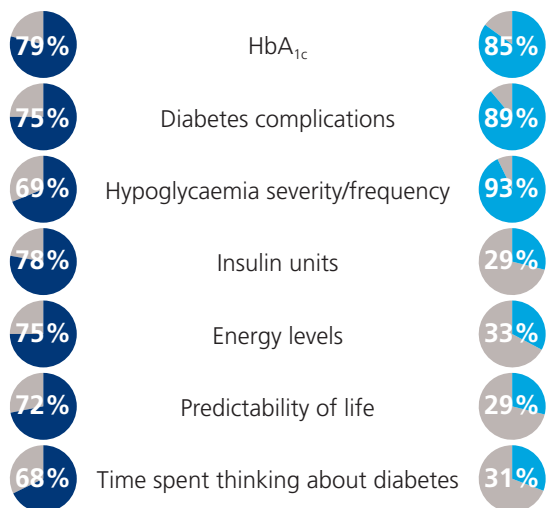


People with type 2 diabetes (T2D) uncontrolled on basal insulin have a broader definition of 'control' than physicians who are more focused on measurable clinical indicators.

People with T2D

Physicians

Define control in terms of:



Obstacles to control

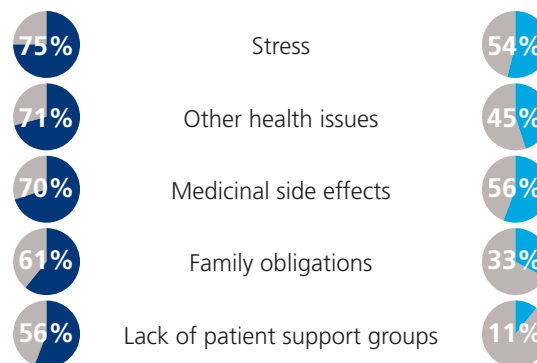


People with T2D uncontrolled on basal insulin perceived more obstacles to achieving control compared to physicians.

People with T2D

Physicians

Define control in terms of:



Impact on control



The impact of T2D on daily life is perceived as a greater issue for people uncontrolled on basal insulin than physicians because they believe the disease interferes with their lives.

People with T2D

Physicians

Define control in terms of:



Time scale



51% of people with T2D uncontrolled on basal insulin think about control on a **daily/weekly basis** vs 7% of physicians.

Consistent with the importance physicians place on HbA_{1c} levels, 19% of people with T2D uncontrolled on basal insulin vs 60% of physicians think about control in terms of a **three month period**.

Increased physician acknowledgment of the differences in perceptions of control could benefit physician-patient communication and improve diabetes management.

