

TRAVEL TIPS

GET BITTEN BY THE TRAVEL BUG INSTEAD OF MOSQUITOES: TIPS FROM SC JOHNSON TO HELP PROTECT YOUR FAMILY FROM MOSQUITO BITES WHILE TRAVELING.

PACKING CHECKLIST

Light-colored clothing – to cover up and stay cooler

Bed nets – in case of mosquitoes where you'll sleep

Personal insect repellent — in aerosol, liquid or cream form



Sense of adventure

Smartphone or camera to capture the fun



PROTECT YOUR CHILDREN

Use personal repellents

- When applying repellent on children, spray onto your own hands and then apply to the child.
- Do not apply repellent to a child's hands, mouth or on cut or irritated skin.

Other measures

- Dress children in clothes that cover their arms and legs.
- Cover cribs, strollers and baby carriers with mosquito netting.



PROTECT YOURSELF

- Tuck in your shirt and tuck pants into socks.
- Use personal insect repellents with DEET or picaridin.
- When applying on face, place product on hands and then spread carefully avoiding eyes, mouth and nostrils.
- If using sunscreen too, the U.S. Centers for Disease Control and Prevention recommends applying sunscreen first and personal repellent second.
- Reapply repellent following contact with water or excessive sweating.
- Always carefully read and follow label use instructions.



PROTECT YOUR SPACE

- Keep doors and windows shut and use air conditioning where available.
- If you can't close your sleeping area to the outdoors, use a bed net.
- At least twice a week, remove any standing water where mosquitoes can breed a container as small as a bottle cap can be their breeding ground.



Visit the U.S. CDC Zika Travel Information site. WWW.CDC.GOV

For air travel/packing guidelines:

Visit the U.S. TSA site or your local authorities. WWW.TSA.GOV

