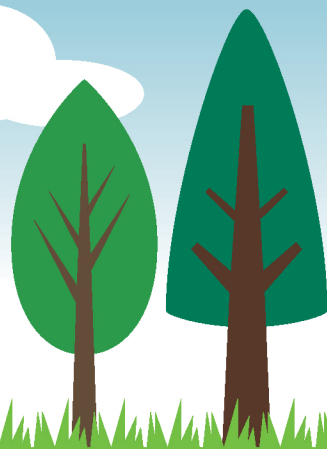


# Let's Go Outside!

I need daily exercise...

Come play with me!



## Toy Breeds

30 MINUTES



## Estimated amounts of exercise needed

Age, breed, activity level and overall health can impact the amount of physical activity needed.

## Non-Sporting Dogs

45 MINUTES



## Terriers & Working Dogs

60 MINUTES



## Hounds, Herding & Sporting Dogs

90 MINUTES



## Active DOG Play Tips

### BUBBLE CHASING

– entertain the whole family with bubbles

### EXPLORE

– let your dog discover a new space with the portable **PetSafe® Free to Roam Wireless Fence™**



### FETCH

– play catch as long as your dog wants with the easy **PetSafe® Automatic Ball Launcher**



## Benefits of Exercise

- Reduces or eliminates common behavior problems
- Maintains fitness & health
- Builds self-confidence & trust

Be sure to check with your dog's veterinarian before starting an exercise program. The vet can determine if there are any health issues that may be aggravated by exercise and recommend safe age and size-appropriate activities.

Sources: petmd.com, akc.org, cesarway.com



[www.petsafe.net](http://www.petsafe.net)

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