# IPF REALLY ADDS UP

50,000 **1111** 

new US patients every year are diagnosed with **IPF** 

BASEBALL



IPF CLAIMS ~40,000 US LIVES EVERY YEAR

as many as **BREAST CANCER** 

UP TO 132,000 PEOPLE IN THE US HAVE IPF, A RARE AND FATAL LUNG DISEASE

# IPF IS DECEPTIVE

OVER of IPF cases are initially misdiagnosed



It can take 1-2 YEARS to diagnose WITH
3 OR MORE
DIFFERENT
DOCTORS



AVERAGE LIFESPAN IS ONLY 3-5 YEARS AFTER DIAGNOSIS

Often confused with more common diseases:

COPD | ASTHMA | CONGESTIVE HEART FAILURE

# WHO'S AT RISK

#### SIGNS AND SYMPTOMS

- Persistent shortness of breath (especially from mild physical activity)
- · Persistent dry, nonproductive cough
- $\cdot$  Crackling sound when breathing in (sounds like Velcro  $^{\!\scriptscriptstyle{(\!0\!)}}\!\!$
- Finger clubbing (widening and rounding of the fingertips)

### **COMMON RISK FACTORS**

- · Most common in individuals 50-70 years old
- History of smoking (greater than 20 pack-years)
- · Exposure to metal dusts and wood dusts
- Gastroesophageal reflux disease (GERD)
- Genetics/family history

If you suspect that you or a loved one may have IPF, talk to a doctor about seeing a specialist

## VISIT BREATHLESSIPF.COM TO LEARN MORE

COPD, chronic obstructive pulmonary disease.

