Introducing I-REMOVE

I-REMOVE®, the number-one selling weight-loss formula in Europe, is now available in the U.S. Losing weight can be difficult, especially in today’s busy world, but I-REMOVE can help a person who has decided to make a change to be healthier and reach their weight-loss goals. While diets have a beginning and an end, I-REMOVE is meant to help people adopt a healthier lifestyle that they can sustain over the long-term.

Clinically tested and shown to help people lose weight and maintain weight loss, I-REMOVE can deliver up to 3X more weight loss than dieting alone. It can help people achieve their weight-loss goals by a dual action of fat binding for decreased fat absorption and increasing satiety, which together result in a reduced calorie absorption intake, without undesirable side effects.*1,3

I-REMOVE is for:

• Adults 18 years of age and older1
• People who are overweight or slightly obese1
• Those who understand that losing weight requires to eat healthier and to move more

I-REMOVE has been extensively studied, with clinical data showing its effectiveness in both people who are overweight and those who are slightly obese.

Powered by LITRAMINE®

I-REMOVE contains Litramine, a patented natural-fiber complex with fat-binding properties. When taken after a meal, I-REMOVE binds to a portion of the fat molecules in food, forming fat-fiber complexes that are too large to be absorbed by the intestine.

The body then naturally and gently eliminates up to 28% fat from the meals with an average of 15%, making less fat available for absorption. Additionally, I-REMOVE has been shown to promote a pleasant feeling of fullness. In clinical studies, 60% of participants reported increased satiety in the Litramine group as compared to just 12.5% in the placebo group.*3,4

Weight loss is an ongoing challenge for many Americans. People find it very hard to achieve their weight-loss goals - let alone maintain the results.
**Clinically Tested**

Litramine has been validated with clinical data from five clinical trials.

- In a 12-week study, over 50% of overweight patients taking I-REMOVE with Litramine lost between nine and 18 lbs in 12 weeks, while 73% of overweight patients lost six lbs or more.1 Both groups, Litramine and placebo, were following a calorie restriction diet.
- People taking I-REMOVE with Litramine also experienced1:
  - Reduction of BMI, waist circumference, and body fat mass
  - No undesirable side effects
  - Increased feeling of fullness
- Over a period of six months, 92% of patients in the Litramine group were able to maintain their achieved weight loss as compared to just 25% in the placebo group.1,3

**It’s Different**

**Real Results**

In combination with a healthier lifestyle, I-REMOVE has been demonstrated to effectively help boost weight-loss efforts in people 18 years of age and older who are overweight or slightly obese.1 Over 12,000 people in Europe have self-reported their experiences with I-REMOVE through apps and on-line programs, showing over 60% higher average weight loss than in clinical trials.6

**No Undesirable Side Effects**

As a purely “physical” fat binder, I-REMOVE has no pharmacological effects and no product-related GI side effects, such as oily spotting.1,3

**Well-Tolerated**

Clinical trials have demonstrated that I-REMOVE with Litramine is well tolerated, and over an 11-year period only 0.003% of people taking I-REMOVE have reported any undesirable health complaints.1,3 To date, more than 28 million packs of I-REMOVE have been sold worldwide.5

**Simple to Use**

I-REMOVE can be easily incorporated into a busy schedule, but must be part of a healthy lifestyle, which includes eating healthier and moving more. This doesn’t mean making drastic changes or spending hours in the gym, it means making better eating decisions — even if the occasional slip up happens — and incorporating more movement into a typical day.

**Weight-loss Support**

I-REMOVE also offers weight-loss support via the “Real You. Real Results.” Facebook community page and the free I-REMOVE app.

**Easy to Purchase**

I-REMOVE can now be purchased, without a prescription, in Walgreens retail locations, on walgreens.com, and on amazon.com. It will soon be available at other drugstores and pharmacies nationwide. I-REMOVE is sold as a dietary supplement in the U.S.

Zaluvida, the makers of I-REMOVE, is a global, integrated life science group that is pioneering therapies and technologies to tackle some of the most critical challenges in healthcare, including obesity, antimicrobial resistance, and greenhouse gas emissions. Zaluvida’s first-generation weight-management formula, Litramine, was launched in Europe in 2006, and was soon awarded a Class II medical device certification. Litramine was the first weight-management formula in the world to achieve this designation. Litramine is sold in the U.S. as a dietary supplement.

Zaluvida is led from its corporate headquarters in Switzerland and the company has research and office facilities throughout Europe, North America, and Asia.

**References:**


*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.