VULVAR AND VAGINAL ATROPHY (VVA) is caused by the loss of estrogen after menopause. It causes changes in and around the vagina. It is chronic, progressive and common in menopausal women.²⁻⁵

Organizations like the North American Menopause Society (NAMS) recognize low-dose vaginal estrogens can provide a great benefit for women who are dissatisfied with current vaginal moisturizers or have safety concerns.⁷

VVA can cause a variety of unpleasant symptoms that may not resolve without treatment, including:

- Pain associated with sexual activity (Dyspareunia)
- Vaginal dryness
- Vaginal or vulvar irritation/itching
- Painful or difficult urination (Dysuria)
- Vaginal bleeding associated with sexual activity

LEARN MORE ABOUT VVA AT WWW.VVAHURTS.COM