

The Type 1 Diabetes Community is Ready for More

The type 1 diabetes (T1D) community is ready for **additional management, support and treatment options** to help overcome the daily challenges of living with T1D.

Here's what adults living with T1D and endocrinologists had to say in a recent survey:



Adults living with T1D have a **significant emotional burden**. About **9 out of 10 (88%)** said living with the disease adds stress to their lives.

Living with the disease **makes everyday situations challenging**

66%

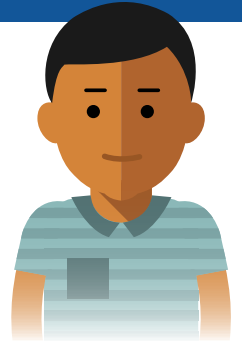
Adults living with T1D said:

T1D takes up a **significant amount of time and energy**

55%

It feels like the **whole day revolves around managing this disease**

51%



35%

of adults with T1D **feel like a burden to their partner and many avoid:**



57%

Going **out to eat**



49%

Attending **social gatherings** with family/friends



48%

Exercising



45%

Going on **vacation**



39%

Driving



37%

Being alone



35%

Applying to **certain jobs**

WE'RE READY FOR MORE!

Endocrinologists



93%

Wish there was **more they could do** for their patients

Adults Living with T1D



77%

Wish for medications to keep them within recommended **blood sugar range for longer**

Hopeful that future advances in T1D care will help with **overcoming the daily challenges** of being faced with this disease

Adults with T1D **88%**

96% Endocrinologists

AACE is committed to ensuring people living with T1D are receiving the highest quality of care. For more information on the challenges faced by people living with T1D, please visit gobeyondinsulin.alonet1d.com.

About the Surveys:

The research was conducted online by The Harris Poll on behalf of The American Association of Clinical Endocrinologists (AACE) in collaboration with Lexicon Pharmaceuticals, Inc. and Sanofi, among patients diagnosed with type 1 diabetes and endocrinologists who treat type 1 diabetes patients within the United States. The patient survey was conducted May 21 through June 6, 2018 among 255 adults age 18+ who have been diagnosed by a healthcare professional with type 1 diabetes. Figures for age by gender, income, race/ethnicity, region, size of household, marital status and employment status were weighted where necessary to bring them into line with their actual proportions in the population. The healthcare professional survey was conducted May 22 through June 11, 2018 among 253 endocrinologists who see at least one patient with type 1 diabetes in a month. Results were weighted for gender, by years in practice, and by region where necessary to bring them into line with their actual proportions in the population.