

**Stephen M. Stahl, M.D., Ph.D., D.Sc. (Hon).**



**Adjunct Professor of Psychiatry, University of California San Diego  
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Dr. Stahl has held faculty positions at Stanford University, the University of California at Los Angeles, the Institute of Psychiatry London, the Institute of Neurology London, and, currently, as professor at the University of California at San Diego and as Honorary Fellow in Psychiatry at the University of Cambridge. Dr. Stahl serves as editor-in-chief of CNS Spectrums. Author of over 500 articles and chapters, and more than 1,600 scientific presentations and abstracts, Dr. Stahl is an internationally recognized clinician, researcher, and teacher in psychiatry with subspecialty expertise in psychopharmacology. Dr. Stahl has written 39 textbooks and edited 13 others, including the best-selling and award-winning textbook, Stahl's Essential Psychopharmacology, now in its fourth edition, and the best-selling and award-winning clinical manual, Essential Psychopharmacology Prescriber's Guide, now in its fifth edition. Dr. Stahl has also published a novel, *Shell Shock*, a thriller that recounts the history of PTSD (post traumatic stress disorder). Dr. Stahl is Senior Academic Advisor and Director of Psychopharmacology for the California Department of State Hospitals (DSH) where he has a leadership role in addressing violence in the five-hospital 6,500 patient DSH. He has been awarded the International College of

Neuropsychopharmacology (CINP) Lundbeck Foundation Award in Education for his contributions to postgraduate education in psychiatry and neurology. His books have won the British Medical Association's Book of the Year Award and recently, first prize for best digital medical book. Dr. Stahl is also the winner of the A.E. Bennett Award of the Society of Biological Psychiatry, the APA/San Diego Psychiatric Society Education Award, the UCSD Psychiatry Residency Teaching Award, and has been cited as both one of "America's Top Psychiatrists" and one of the "Best Doctors in America." He was honored with the Distinguished Psychiatrist Award of the APA and gave the Distinguished Psychiatrist Lecturer for 2013. He was named the 2016 David Mrazek Award Winner of the American Psychiatric Association and gave the Mrazek Pharmacogenomics Memorial Lecture at the 2016 APA meeting. His alma mater Northwestern University honored him by naming the award for the most promising medical student to go into psychiatry the "Stephen Stahl Award." In 2018, he was awarded an Honorary Doctorate of Science by Uskudar University in Istanbul Turkey for his lifetime of achievements in psychiatry.

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