

“How does ADPKD affect the kidneys?”



With ADPKD, cysts develop and grow in the kidneys over time. As time passes, the growing cysts make it harder for the kidneys to function. These growing cysts eventually lead to kidney failure, which is when your kidneys can no longer work.



Take action and ask your nephrologist the following questions to gain a better understanding of how ADPKD affects your kidneys:

- **What steps can I take to keep my kidneys working as long as possible?**
- **What are the possible complications I should know that are related to ADPKD?**
- **Even though there is no cure for ADPKD, what treatment options are available, if appropriate?**
- **Does having ADPKD mean I will need a kidney transplant or dialysis?**

Notes:

Keep your pharmacist informed.

In addition to asking your doctor these questions, make sure to talk to your pharmacist about ADPKD and any over-the-counter medications you may be taking.

For more information, visit [ADPKDquestions.com](https://www.adpkdquestions.com).

ADPKD=autosomal dominant polycystic kidney disease.